

Nov, 29, 2004

ABBOTSFORD TRADITIONAL SECONDARY SCHOOL

WHAT'S INSIDE?

- IMPORTANT DATES
- PAC MEETING – DECEMBER 1ST.
- ALL STUDENTS NEED INDOOR RUNNERS FOR THE GYM!
- SCHOOL WEBSITE – LOTS OF GREAT INFORMATION WWW.ATSS.CA
- CHRISTMAS WEEK – DEC. 13 – 17
- CHRISTMAS BANQUET – DEC 13 AT 6:00PM



REMINDER
OUR NEWSLETTER
IS PUBLISHED
WEEKLY ON OUR
WEBSITE AT
WWW.ATSS.CA
FIND OUT WHAT IS
HAPPENING AT ATSS

LOOK!

PAC Meeting - Dec. 1 @ 7:00

Please mark
December 1st on your calendar -
for our PAC meeting. This is an important meeting
to attend as there are many items on the agenda that need
your input and help. The agenda is published in this newsletter.



Christmas Banquet

Christmas in Paris

Our Student Committees are planning some very exciting events for the Christmas season. For the final week of school before Christmas, each committee will organize a different special Christmas activity.

The Christmas Week Celebrations will begin with a student banquet on Dec. 13 from 6:00 to 8:00pm. The theme of the banquet is 'Christmas in Paris.' The idea of the evening is a formal dinner (turkey with all the extras or gourmet vegetarian) and a talent show.

Auditions for the talent show will take place in the near future (students - watch for announcements). In addition to the student entertainment, there will be a raffle (your dinner ticket is your raffle ticket) for a personal portrait sketched by Mrs. Grieve. There will also be backdrops set up for photograph opportunities.

We are looking forward to a wonderful evening - we hope all of our students will attend this special event. A quick reminder that this is a school event and only our students and staff members are invited. Also, a reminder that this is a formal occasion so students should wear appropriate formal and semi-formal attire - no strapless, spaghetti straps, or backless dresses or blouses, no bare tummies, no jeans please.

Parent helpers are needed for our banquet. If you would be willing to help out, please give your name to Mrs. McMillan in the office. Thank you.

IMPORTANT DATES
IN DECEMBER

DEC. 13 – STUDENT BANQUET AT ATSS AT 6:00PM – ORGANIZED BY THE STUDENT COMMITTEES

DEC. 13 – 17 – CHRISTMAS WEEK – SPECIAL EVENTS PLANNED BY THE STUDENT COMMITTEES

DEC. 17 – LAST DAY OF SCHOOL BEFORE THE WINTER BREAK.

FEBRUARY 14 AND 15 – ANNIE - DINNER THEATER

PAC Meeting - Dec. 1 at 7:00pm

SHARE YOUR IDEAS AND TALENTS

Our next PAC (Parent Advisory Council) meeting will take place on Wednesday, December 1st at 7:00p.m.



Two of the very important items on the agenda are our committees and the PAC Executive and SPC representatives. Committees that need volunteers...

School Dress Code

BOYS Tops

Black or beige golf shirts with crest

Black hoodies with crest

Black or beige sweat shirts with crest

Black vest with crest

Black, beige or red dress shirt with crest

GIRLS Tops

Black or beige golf shirts with crest

Black or beige or red dress T-shirt with crest

Black hoodies with crest

Black or beige sweatshirts with crest

Black vest with crest

Shirts and Slacks

Black or beige slacks – full length

Black or beige slacks – Capri length

Black or beige walking shorts

Black or beige A-line skirt

SPORTS – PE STRIP

White T-shirt with ATSS sports logo

Black gym shorts with red stripe and ATSS sports logo

PE Runners!



A REMINDER TO ALL FAMILIES

ALL STUDENTS SHOULD HAVE A PAIR OF RUNNING SHOES JUST FOR PE – THESE SHOES MUST NEVER BE WORN OUTSIDE!

PLEASE HELP TO KEEP OUR FLOOR LIKE NEW – BRING PE RUNNERS!

Did you know that we held our last PAC meeting in the lounge sitting on the couches – very comfortable!

Please attend

**P
A
C

A
g
e
n
d
a**

1. 6:55 Meet and Greet
2. 7:00 Call to order - Welcome
3. Approval of the Agenda
4. PAC Reports
 - 4.1 Principal's Report
 - 4.2 Treasurer's Report
 - Donations
 - PST workshop December 9th
 - 4.4 DPAC Report
 - 4.5 BCCPAC Report
 - BCCPAC Fall Leadership Conference - update
5. New Business
 - 5.1 PAC Elections
 - 5.2 Committees
 - Yearbook - Sue McKinley, Lori Schultz, Johannes Klawitter
 - Fundraising
 - Graduation - Sue McKinley
 - Library - Annette McClure, Surinder, Wendy Swadden
 - Decoration
 - Constitution
6. Announcements
7. Adjournment

COMMITTEES THAT NEED YOUR HELP

- Graduation Committee
- Dinner theatre Committee
- Fund Raising Committee
- Constitution Committee
- Library Committee
- Donation and Grants Committee
- Phoning Committee
- Awards and Prizes Committee
- PAC Constitution Committee
- Dress-Code Committee
- Teacher Appreciation Committee
- Special Events Committee
- Safety Committee
- Yearbook Committee
- Donations & Grants Committee
- Graduation Committee
- Transportation Committee
- PAC Newsletter Committee

Volunteers are also needed for PAC Executive Positions and SPC Positions ...

Find out which positions are open and what the positions entail – come to the PAC meeting on Wednesday, December 1st. at 7:00 p.m.

Parent/Teacher Interviews

Term One report cards were sent home on Wednesday, Nov. 24. If you did not receive your student's report card, please come to the office for a copy.

Parent/Teacher interviews were held last week. We were delighted to welcome so many parents to this opportunity to share ideas and concerns about student progress. Both sessions seemed to go smoothly, and the format appeared to work well for both parents and teachers.

To students who received poor marks due to incomplete assignments, it is not too late. In most cases marks are cumulative. This means that if you missed an assignment, you can still complete it and improve your standing in the class.

Family MediaWise e-News

National Institute on Media and the Family MediaWise e-News
http://www.mediafamily.org/images/logos/logo_seal.gif

National Institute on Media and the Family Releases *Ninth Annual MediaWise Video Game Report Card*

**Video Game Industry's Double Messages are Double Trouble for Parents
 Despite Efforts, Youth Access to Violent and Sexually Graphic Games Still Major Issue**

Dr. David Walsh, in coordination with Senator Joe Lieberman, Senator Herb Kohl, and Congresswoman Betty McCollum, today released the National Institute on Media and the Family's *Ninth Annual MediaWise Video Game Report Card* in Washington, DC. This year's *MediaWise Video Game Report Card* highlights the mixed messages the video game industry sends to parents. To help parents get the right message about video games, the Institute is launching a new public service announcement that encourages parents to "Watch What their Kids Watch."

"The double messages sent to parents about video games are double trouble," said Dr. Walsh. "For instance, the video game industry says parents should use the ratings, but denies violent video games affect children. The result is parents are lead to believe the ratings don't really matter."

"That is a big problem for parents when you consider this year's crop of games, such as *Grand Theft Auto: San Andreas* and *Leisure Suit Larry*, that children have access to, and that drastically push the envelope on sex and violence."

Dr. Walsh also called attention to the results of this year's secret shopper survey. Last year, the Interactive Entertainment Merchants Association announced that, by this shopping season, they would enforce policies restricting youth access to M-rated video games without parental permission. However, the Institute's secret shopper survey found that boys as young as seven were able to buy M-rated games 50 percent of the time, whereas girls were only able to purchase games 8 percent of the time.

Other areas of special concern in the *Ninth Annual MediaWise Video Game Report Card* include: adolescent brain development; video games and the childhood obesity epidemic; and the need for the ESRB to improve its "OK to Play" education campaign. Similar to previous years, the Annual MediaWise Video Game Report Card also provides parents a list of recommended video games and games to avoid.

To access the *Ninth Annual MediaWise Video Game Report Card*, please visit [<http://www.mediafamily.org/>]
www.mediafamily.org.



Lost and Found

Did you know that we have a large Lost and Found box in the office?

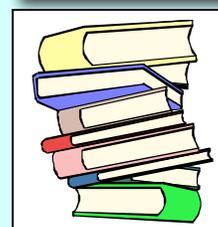
Did you know that the box is almost full?

Students are reminded to....

1. Label all of their clothing
2. Use (and lock) their lockers
3. Use (and bring a combination lock for) gym lockers
4. Check the lost and found on a regular basis for missing belongings and clothes

We are running a competition – the person who writes the best poem or story about a lost item will have their literary contribution published in the newsletter and win a prize. All entries should be handed in at the office. Here is an example to get you started....

There once was a packsack of blue,
 Whose owner forgot what to do,
 He left the poor sack
 Without a look back,
 So it's gone with payment (\$1600) now due!



SWIMMING TEAM VERY SUCCESSFUL

Congratulations to our swimming team



ATSS SWIM TEAM 2004

S
W
I
M
T
E
A
M

Congratulations to our swimming team for an outstanding first season. The boys relay team put forth a tremendous effort at the provincial competition this past weekend. The team competed with the best in the province as well as against junior and SENIOR teams. While the team did not score in the top three, they put forth a fantastic effort and all members of the team swam personal best times.

A great big thank you to Mr. Laity for his dedication and support throughout this short swim session. We are looking forward to another great season next year and hope that we can count on his support. Thank you also to Chris who volunteered his time as the coach. He did a really great job and we all appreciate his time and effort. Lastly we would like to thank you, Mrs. McDonough for your support on behalf of ATSS. Your encouragement and interest gave the kids the backing they needed to do their best and to help make ATSS shine.

Brain Bulletin

Want a sharper brain? Better concentration? Increased memory? Boost mental alertness? Wouldn't it be great if there was a magic "fix" for all this? There is! Food!!

What you eat has a profound effect on your brain. How it works. How it thinks. How it remembers. How healthy it is!!

Here is a "brain snack" to try between meals:

- 1/2 cup peanuts
 - 1/2 cup soynuts
 - 1/2 cup pumpkin seeds
 - 1/2 cup dark raisins
 - 1/2 cup chopped, dried apricots
- mix well and enjoy (NO! Not the whole amount. A bit at a time.)

It is ideal for busy professionals, students writing exams, anyone who wants more brainpower. What makes this recipe work? Vitamin E, iron, and protein. All have been proven to boost your memory and protect your brain from Alzheimer's.

[Http://www.terrismall.com/newsletter.asp](http://www.terrismall.com/newsletter.asp)



Virtual Library

Our Musical Theatre teacher, Ray Dencer has developed a virtual online library. This library is now available on the web.

The virtual library is a tremendous resource for students – with huge potential for research and projects.

Check out the virtual library at.....

www.sd34.bc.ca/schools/virtuallibrary/