

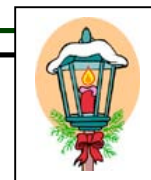
# The Titan Tribune

Abbotsford Traditional Secondary School

atss.ca

November 30, 2007

Volume 4, Issue 7



## Principal's Message

2272 Windsor St.  
Abbotsford, B.C. V2T 6M1  
604-850-7029, fax: 604-850-7028

Mr. Hildebrand, our  
Principal



Mr. Parker, our  
Vice-Principal



[atss.podcastpeople.com](http://atss.podcastpeople.com)

### Secretaries:

Mrs. Suderman local: 1000  
Mrs. Swadden local: 1001  
Mrs. Mangat local: 1002

### Counselor:

Mr. Abernethy local: 1107

### One-to-One program:

David Ennis local: 1120

*I would like to take this time to wish everybody a Merry Christmas and a Happy New Year. This is the season that is known for friendship, caring for others, family connection, generosity and of religious significance for many. It is also known as a dreaded, hectic time of preparation and gift purchasing and even unfortunately for some, a time of disappointment as high expectations are not met. Whatever situation you find yourself in, I trust that you will find a time for peace and warmth despite all the distraction of this season and reflect on the true meaning of Christmas. I would encourage everyone to put in the extra effort to share with someone who may not be as fortunate. I would like to thank our student body for a great startup first semester this year. Many things have now been put in place and we have had some excellent student led activities, which have brought a growing sense of positive school spirit. This includes things such as the Student Leadership and parent organized Christmas Dinner, Talent Show and Dance, the combined ATMS/ATSS Christmas Concert to name a few. Many thanks to the students, staff and parents who made it all possible. Please be safe over the holidays and enjoy your well-deserved break. We look forward to having you all back safely in the New Year. Merry Christmas.*



The Teaching and Support Staff of  
ATSS would like to wish you a very  
Merry Christmas and Happy New Year

### Laptop Information

*I would like to again remind parents to remind students to ensure that laptops are not left unattended at any point. Although we are a very trusting school, we need to be more careful in caring for our laptops. We were very fortunate to have recovered all three laptops that went missing this year. We do not wish to repeat this experience. Also a reminder that if you haven't already, you may wish to consider the optional \$25 peace of mind insurance that is available to cover theft or loss with a police report. Please see office staff for this if you wish to enquire.*



**Faculty:**  
**Dept Heads:** Local  
 Mr. Fedyna Math/Science #3256  
 Mrs. Neufeldt Humanities #3137  
 Mr. Ennis Perf Arts/Tech #1120  
 Mr. Laity PE #5107  
 Mr. Abernethy/Student/Ldrshp #1107

**Teaching Staff**  
 Mr. Barden #1103  
 Mr. Currie #3252  
 Mrs. Faber #3256  
 Ms. Flagg #3140  
 Mr. Friesen #3138  
 Ms. Hunt #5107  
 Mrs. Kehoe #3134  
 Mr. Lane #3248  
 Mr. Macphail #5173  
 Mrs. Mihalech #3240  
 Mrs. Myers #3235  
 Ms. Vandalsen #3136  
 Mrs. VanKleeck #3237

**Learning Assistance** #3135  
 Mrs. Collins  
 Mrs. Hiebert  
 Mrs. Silzer  
 Mrs. Botkin

**Library** #3152  
 Ms. Malmas

**Cafeteria** #5169  
 Mrs. Isaak

**International Rep** #1110  
 Mrs. Kim

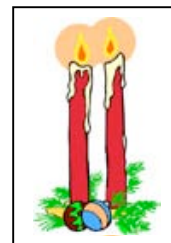
Remember: We are on the web!

Remember to call the office if your student is going to be away or late. Thankyou.




**HOST A VISITING STUDENT FROM BOGOTA, COLOMBIA.**

Parents interested in hosting international students from Bogota, Colombia for a week in January 2008 are invited to forward their names to the office. ATMS contact is Mrs. Christine Dahl and ATSS contact is Mrs. Monique Suderman. More details to come!



# BOY SMARTS


EFFECTIVE STRATEGIES FOR PARENTING BOYS



**L**et's get beyond the headlines, hysterics, and the hype. This presentation will address what it takes for parents and caregivers to guide boys to become exceptional men.

- What are the unique needs of boys?
- Who is BadBoyWannabe and why do boys have difficulty expressing emotion?
- How can I talk with my boy so he'll listen and listen so he'll talk?
- How can we help our boys to become courageous, caring, and ethical men?

**BARRY MACDONALD** is an author, teacher and counsellor/coach who is a champion for strong families, strong schools – and boys. A sought-after speaker, he has presented to thousands of sold-out parent and teacher, and was also identified as *1 of 25 Influential People to Watch* by the *Vancouver Sun*. Barry's best selling book, *Boy Smarts–Mentoring Boys for Success at School* will be available for purchase and signing (payment by cheque or cash please). For more information visit [www.MentoringBoys.com](http://www.MentoringBoys.com)



<b>WHEN</b>	Tuesday, February 19 7 - 9pm	<b>WHERE</b>	Robert Bateman Secondary 35045 Exbury Avenue, Abbotsford
<b>ADVANCE TICKETS</b>	\$10 until Feb 15 at school offices of Clayburn Middle or Bateman Sec.	<b>TICKETS AT DOOR?</b>	\$15 at door - unless sold out Questions? <a href="mailto:clayburnpac@sd34.bc.ca">clayburnpac@sd34.bc.ca</a>

Sponsored by the PAC's of Clayburn Middle School & Robert Bateman Secondary

**[www.MentoringBoys.com](http://www.MentoringBoys.com)**





*Don't be late... for this important date!*

**ATSS Musical Theater is proud to present Disney's "Alice in Wonderland Jr." in January 2008.**

**School Matinees:**

- Tuesday January 15
- Wednesday January 16
- Thursday January 17
- Friday January 18

**Public Performances:**

- Friday January 18 (evening)
- Saturday January 19 (evening)

Our cast and crew of nearly 50 students are already hard at work rehearsing for this season's production. This year, the course is in the timetable six times per week, and we are moving quickly towards auditions.

A big **thank you** to all the parents who have volunteered to help so far – we'll be in touch shortly by email or by phone!

Other jobs we are looking to fill:

- Ticket sales & Promotions (presales & show nights)
- Properties master
- Make Up coordinator
- House manager

- Lighting technician
- Sound technician
- Backstage crew
- Ushers and front of house crew

Some of these jobs will take place in the next six weeks, some will be done in the last few weeks before the production, and still others will be during the week of performance (Jan 15-19, 2008). If you are able to help out in any capacity, whether or not your child is involved with Musical Theatre, we appreciate you donating your time! Contact Mrs. Myers ([michelle\\_myers@sd34.bc.ca](mailto:michelle_myers@sd34.bc.ca)) or Mr. Dencer for more information.

### Caffeine and Kids

Confused about caffeine and your kids? Caffeine has the same stimulant effects on children and teens as it does on adults, though these effects can be stronger in children because their bodies are smaller. Caffeine side effects can prevent children from doing well in school, they include:

- irritability and restlessness
- difficulty concentrating
- afternoon sleepiness



Caffeine can be found in some soft drinks (colas, some root beers), chocolate, coffee, tea, iced mocha drinks and some other drinks (the name usually includes the words "energy", "rush", "adrenaline", "bull"). Caffeine is not always listed in the ingredient list but caffeine containing ingredients to look for include:

- coffee or coffee beans (not coffee flavoring)
- green or black tea leaves
- guarana
- yerba
- cocoa beans

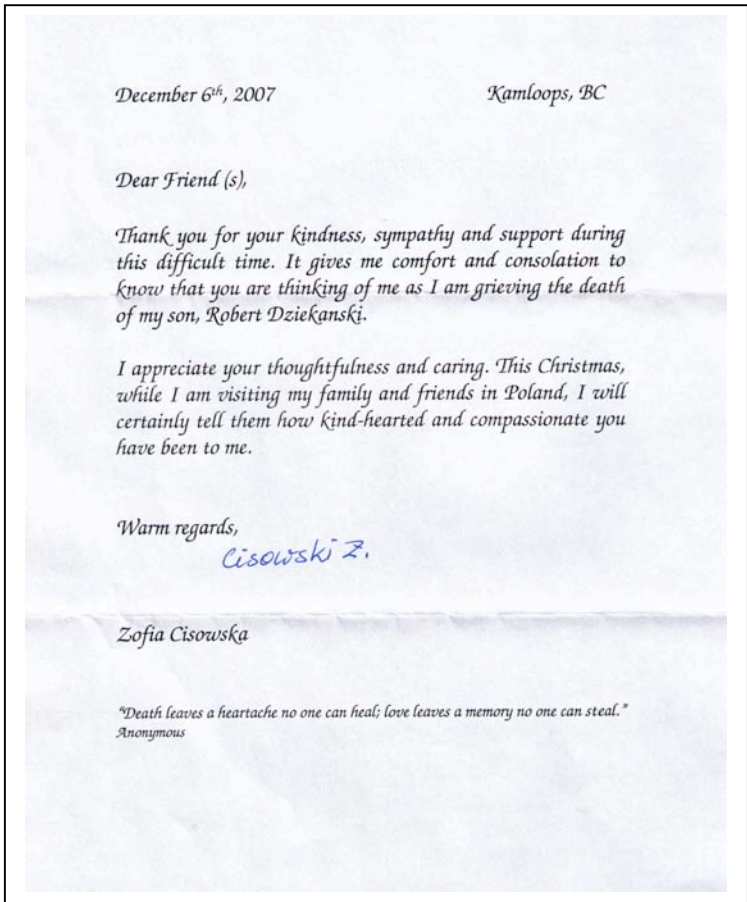


Children and adolescents can also experience withdrawal symptoms such as headaches, irritability and restlessness. Be sure to stock beverages at home with little or no caffeine, this will make the better choices easier for everyone! Your best options are water, milk, 100% fruit juice.





Our ATSS Leadership Team has created a card for Mrs. Zofia Cisowski of Vernon, BC. Mrs. Cisowski's son tragically lost his life at Vancouver's YVR Airport a short number of days ago. Thanks to Tiffany Turner for making the card and sending it, and for our team for signing it. The message to Mrs. Cisowski was as follows: Dear Mrs. Cisowski, We are deeply grieved by the loss of your son, Robert, and though no amount of sympathy can bring him back, we just want you to know that you have our support. As a small representation of the leaders of the next generation, we will learn from this tragedy and do our best to prevent this same mistake from happening in the future. You are in our thoughts... Sincerely, The ATSS Leadership Team. Below is the response from Mrs. Cisowski.



ATSS Yearly Calendar

December 21	Last Day before Christmas
December 24-Jan 4	Winter Vacation
January 7	School Reopens
January 11	Pep Rally
January 15	PAC Meeting
January 15-19	Musical "Alice in Wonderland"
January 22	TAC Meeting
January 25	End of Term II
January 28-Feb 1	Provincial Exams
January 30 & 31	In-School Exams
February 1	Semester Turnaround Day
February 15	Non Instructional Day
February 19	TAC Meeting
February 19	Grade 9 Immunizations
March 11	TAC Meeting
March 17-21	Spring Vacation
March 21	Good Friday
March 24	Easter Monday
March 25	Day in lieu of Good Friday
March 26-28	Days in Lieu – Not in session
March 31	School Reopens
April 16 & 17	Early Dismissal Days
April 18	Non Instructional Day
April 22	TAC Meeting
April 24	Report Cards go home
April 24	Parent/Teacher interviews
May 5	Café Night Concert
May 8	SS Fair
May 16	Prom 6-12 @ Hazelmere
May 19	Victoria Day
May 20	TAC Meeting
May 30	Convocation and Dry Grad
June 17	Awards Ceremony
June 19 & 20	In School Exams
June 18-26	Provincial Exams
June 27	Year End Closing

