

2272 Windsor St.
Abbotsford, B.C. V2T 6M1
604-850-7029,
fax: 604-850-7028



Principal: Mr. Glen Hildebrand

Vice-Principal: Mr. Michael Hendricks

OnlineMarks **Checkmymark.com**

Student marks are available online at www.checkmymark.com. In order to access your child's marks, you will need to login with a

USER TYPE:
Select " Student/Parent"

SCHOOL:
"Abbotsford Traditional
Secondary"

LAST NAME:
Student's Last Name

PASSWORD:
The Password is randomly generated and teachers will provide each student with their unique password. For Login help or password resets, please contact Mr. Macphail
Andrew_macphail@sd.34.bc.ca or the classroom teacher

Office Staff:

Mrs. Hartley local: 1002
Mrs. Schellenberg local: 1001

Counselor:

Mr. Colin Abernethy local: 1107
Mrs. Lindsay Faber local: 1108

One-to-One program:

Andrew MacPhail local: 1120

Principal's Message

Welcome back to our staff and students, both new and returning, for another school year. I am excited for what the new year will bring. I trust everyone had a restful and enjoyable summer break, and I trust that everyone is ready for the new school year.

We have several new staff members with us this year. We welcome Mr. Muermann to ATSS, who's teaching Social Studies and Law. Ms. O'Brien is currently teaching Art and Social Studies, and Ms. Dhillon is back again and currently teaching Social Studies while Mr. Hill is away on a paternity leave. We have a new part-time teaching assistant, Ms. Gould, who will be helping in our Learning Assistance room. Welcome to ATSS!

Even though we are barely two weeks into the new school year, fall programs are up and running:

- Athletics – volleyball, boys soccer, cross-country
- Arts – jazz/concert band, musical theatre
- Lunch time clubs and intramurals
- Laptops – distributed to students who've paid fees/returned forms

Each of our students has been given a student agenda that outlines school expectations for dress code, academic integrity, code of conduct/civility code, and computer usage. Please refer to it, and if you have any questions about any of these items, please contact the ATSS office.

I know that some uniform orders have not yet been filled during the mad rush of August. If your child has not yet received his/her uniform from our supplier, please ensure your child comes to school in uniform/dress code colours until it does arrive. Students wishing to drive to school and park on campus are reminded that they need a parking pass, which they can receive with proof of a valid driver's license and after registering their vehicle with the office.

This first newsletter will be given out as a paper copy, but the rest of our school newsletter for this year will be sent electronically to your home email address. Newsletters will be posted on our school website as well. Newsletters are published twice monthly on the second and last Fridays. Please feel free to contact the office to update or verify your email address on record. We want to make sure you are informed about what's happening at ATSS.

To all of our families, thank you for sending your children to ATSS. I wish everyone a successful 2013/14 school year!

Sincerely,

Michael Hendricks,
Vice-Principal (ATSS)



ATSS Calendar

Faculty:

Dept Heads: Local

Dept Heads:	Local
Colin Abernethy	1107
Ken Laity	5107
Andrew Macphail	5173/1120/1114
Rebecca Toews	3134
Tracy Wedel	3140
Pam VanKleleck	3237

Teaching Staff

Don Barden ringer :2244	1103
Elizabeth Cousar	3141
Brock Currie	3252
Bruce Cuthbertson	3236
Jim Domke	5164/5107
Shawn Fedyna	3251
Frank Muermann	3138
Grant Gasser	1114/1116
	3234
Carlton Haak	3250
James Hill	3137
Kim Hunt	5107
Steve Kauffman	3238
Sharon Kehoe	5171
Sandy Lane	3248
Michelle Myers	3235
Elizabeth Smoes	3136
Olga Ulyasheva	3240
Janet Wade	1121

Learning Assistance

Phyllis Collins	3135
Heidi Ens	3135
Colleen Gould	3135
Karen Hiebert	3135
Denise Silzer	3135

Library

Laurie Salter	3152
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Cafeteria

Julie McCaughey	5169
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International Rep

Christine	1110
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Youth Worker

Darlene Rayburn	3255
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Community Support

Jeven Randhawa	1110
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Emails can be sent to all staff under:
first_last@sd34.bc.ca
(Simply use that teacher's name)

Remember: We are on the web!

Follow us on Twitter

@abbytitans

Sept. 18	Grade 9 BBQ (Courtyard 11:35am-12:15 pm)
Sept. 19	Meet the Teacher Night 7:00 – 8:30 p.m.
Sept. 20	Collaboration Day #2 Friday
Sept. 23	Non-Instructional Day #1
Sept. 26	School Photo Day
Oct. 4	Collaboration Day #3
Oct. 14	Thanksgiving Day
Oct. 18	Collaboration Day #4
Oct. 25	Non-Instructional Day #2
Oct. 24	School Photo Re-Takes
Nov. 8	Term 1 Ends/Collaboration Day #5
Nov. 11	Remembrance Day
Nov. 22	Report Cards Issued/Collaboration Day #6
Nov. 27	1-hour Early Dismissal Days
Nov. 28	Parent-Teacher Interviews
Nov. 29	Non-Instructional Day #3
Dec. 13	Collaboration Day #7
Dec. 20	Last day before Christmas Vacation
Dec. 23 – Jan. 3	Christmas Vacation
Jan. 6	School Re-opens after Christmas Vacation
Jan. 10	Collaboration Day #8
Jan. 24	Term 2 Ends/Collaboration Day #9
Jan. 27-31	In school/Provincial Exams
Feb. 3	Semester 2 Begins
Feb. 7	Report Cards Issued
Feb. 10	Family Day
Feb. 14	Collaboration Day #10
Feb. 21	Non-Instructional Day #4
Mar. 7	Collaboration Day #11
Mar. 12-13	1-hour Early Dismissal Days
Mar. 14	Last day before Days-in-Lieu/Spring Vacation
Mar. 17-28	Spring Vacation
Mar. 31	School re-opens after Spring Vacation
Apr. 4	Collaboration Day #12
Apr. 18	Good Friday
Apr. 21	Easter Monday
Apr. 11	Term 3 Ends
Apr. 25	Report Cards Issued/Collaboration Day #13
May 8	Parent-Teacher Interviews
May 9	Non-Instructional Day #5
May 16	Collaboration Day #14
May 19	Victoria Day
May 30	Collaboration Day #15
June 2	Non-Instructional Day #6
June 13	Term 4 Ends/Collaboration Day #16
June 18-24	In-School/Provincial Exams
June 27	Report Cards Issued Year-End Closing (non-instructional)



ATSS PAC NEWS

September 2013

We wish to welcome all parents and students back to another school year, and invite all parents to feel welcome to join us in our endeavors to build a relationship between home and school. "PAC" stands for "Parent Advisory Council" and is (can be) an integral part of our school community. *Every parent is automatically a member!* ☺

Our first PAC meeting of the year will be next Tuesday, September 17, 2013 at 7:00 in the ATSS/ATMS library. We welcome and invite your attendance and input. A huge responsibility/privilege we have each year is to decide how to disburse gaming funds (which usually total over \$ 10,000). Your input would be appreciated. We also like to build cohesiveness amongst parents and staff, support our students in their extra-curricular activities, hear reports and be able to hear directly from our principal (& ask questions)

Nominations are now open for the following elected PAC positions on the Exec.: Chair, Vice-Chair, Secretary, DPAC representative, TAC representative and 2 "General Members." The positions have "job descriptions" in our ATSS PAC Constitution, but really become what one makes them to be. Current acting Chair: Heather Schmidt (heatherschmidt91@gmail.com), Treasurer: Anita Gill (anitagill_3@hotmail.com). Voting will take place at our October PAC meeting on October 22, 2013 at 7:00.

Lastly, we regularly receive material describing fundraising opportunities throughout the year. If you or your student is interested in starting or participating in a fundraiser for a certain extra-curricular activity/group, please contact one of us to review opportunities. For the past several years, our PAC has not been involved in a fundraiser, but we seriously need to consider one this year to build to our General Fund, and welcome your input on this issue as well.

Important Dates to note:

Sept. 17 – 7:00 p.m. – First PAC Meeting and welcome, nominations, budget discussion

Sept. 19 - 7:00 – 8:30 p.m. - Meet the Teacher Night at ATSS

Oct. 22 - 7:00 p.m. - 2nd PAC meeting, Elections, voting for budget suggestions/approval

Community Events and Information

For further information please visit the following websites:



Babysitters Course at ATMS

We are offering a Babysitter's Course for students age 10 and up through Petersen's First Aid starting on October 10. It will run for 4 weeks on Thursday afternoons in our library from 2:45 to 4:45 pm. Sign up sheets are at the office in the Info Center. Registrations must be in by September 26th with payment. Only 24 participants can be taken. Sign up early!



Sponsored by Abilities
Neurological Rehabilitation



Abbotsford

CHILD & YOUTH HEALTH FAIR

Wednesday, September 18

7:00 to 9:00 pm

35192 DeLair Road, Abbotsford, B.C.
(Cascade Community Church)

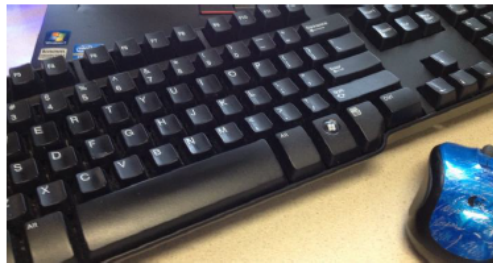
All proceeds to go to Matthew's House and
The Fraser Valley Child Development
Centre

Admission by Donation

We will have representatives from many organizations and businesses
that provide support and services to families and children
with varying levels of disabilities.



Internet/Social Media Safety and Digital Citizenship for Parents/Guardians



A free presentation with internet security & safety expert
Darren Laur

Monday, September 23, 2013, 7 pm
In the theatre @ the Abbotsford Arts Centre 2329 Crescent Way
(behind Abbotsford Senior Secondary)

Darren Laur, of Personal Protection Systems Inc., is also a serving law enforcement professional (Victoria PD) with 26 years of policing experience. He is an internationally recognized safety expert, published award winning author and highly sought after speaker who specializes in the area of personal safety both on-line and off-line. Darren is deeply immersed in social media, has taught digital safety for the past 12 years and has written over 100 articles on Internet and Social Media safety and security.

Some of the topics covered in this session include:

- ★ What is the Internet and Social Networking
- ★ What are our kids doing on-line
- ★ What are chatrooms, IM's, SMS/MMS and how to stay safer using them
- ★ How students are placing their privacy at risk on-line
- ★ The good and bad of social networks
- ★ How to secure your social network
- ★ The dangers of screen names and profiles
- ★ Who is the Internet predator and what are their tricks
- ★ When to be concerned as a parent
- ★ Internet filtering pros/cons
- ★ Cellphone/smartphone and web-cam safety
- ★ What is sexting and its consequences and what can be done to stop it
- ★ What is the law specific to sexting and digital peer aggression
- ★ The threat of internet pornography
- ★ What is digital citizenship
- ★ Four steps to keep kids safe online

Please join us for this informative evening. Presented by the Abbotsford School District.





**Abbotsford
YOUTH
COMMISSION**

FALL 2013

FREE PROGRAMS FOR YOUTH 12-18

Whatz Up

@ the Abbotsford Youth Commission

AYC Youth Centres

12-18 yrs
Come in and check out our free drop-in youth centres. Both centres are equipped with a pool table, Wii, Xbox 360, PS3, ping pong, foosball, and more. Come hang out with friends or meet new ones. AYC Youth Centres are safe places for youth to hang out and are fully supervised.

Youth Centre at Abbotsford Rec Centre

Monday - Thursday	2:15pm - 5:00pm
Fridays	2:15pm - 10:00pm
Saturday (beginning Sept.7)	5:00pm - 10:30pm

Youth Centre at Matsqui Rec Centre

Monday - Thursday	2:30pm - 4:30pm
Fridays	2:30pm - 10:00pm

Drop-in Basketball

12-18 yrs
Drop in each week to shoot some hoops and have some fun, no matter what your skill level is. All youth are welcome to come out and play.

Abbotsford Middle School

September 25 - June 4	8:00pm - 10:00pm
Wednesdays	FREE

Drop-in Floor Hockey

12-18yrs
Join us each week for an exciting game of floor hockey. Play with members of the Abbotsford Police Department each month. All skill levels welcome.

Ag-Rec Centre

September 12 - June 19	3:30-5:00pm
Thursdays	FREE

Follow us on Twitter:

@AbbyYouth

For updates, contests + more!



Open Gym

12-18yrs
Come to the AYC Youth Centre and hang out after 5pm until we open up the gym at ARC. You'll have the opportunity to play all your favourite sports and try out a few new ones as well.

Youth Centre at Abbotsford Rec Centre

September 7 - June 14	7:30pm - 10:30pm
Saturdays	FREE

Youth Focus

12-18yrs
Would you like to learn leadership skills and have a say about what activities happen in our youth centres? This group meets once a week to have their voices heard and engage in service projects. The AYC is excited to launch Youth Engaged in Service (YES) funded in part by the Rotary Club of Abbotsford. Through Youth Focus, YES will engage youth in service projects and provide opportunities for volunteering in our community. Contact us about other YES opportunities.

AYC Youth Centre (at ARC)

September - June	Thursdays	5:00 - 6:00pm
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AYC Youth Centre (at MRC)

September - June	Thursdays	4:30 - 5:30pm
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Abbotsford

**See other side for
information and dates
for our Registered
Programs!**



For more information
or to register:

Abbotsford Youth Commission
32315 South Fraser Way
604-854-8785 • www.abbyouth.com



Registered Programs

Babysitter Training Course- Red Cross

11-15 yrs

This babysitting course will help provide you with the knowledge and confidence you need to be a sought-after babysitter. Topics include: responsibilities of a babysitter, safety tips for children of all ages, basic child care skills, what to do in case of an emergency and much more. Certificate provided upon completion.

Abbotsford Youth Commission Office

Monday September 23 9:00am-4:30pm 1/\$50

Abbotsford Youth Commission Office

Friday October 25 9:00am-4:30pm 1/\$50

Sweeney Neighbourhood Centre

Friday November 29 9:00am-4:30pm 1/\$50

AYC Youth Centre @ Matsqui Rec Centre

Tues/Thurs Dec 3-12 3:00pm-5:00pm 4/\$50

Leadership Training

12-18 yrs

This interactive, thought provoking course is designed to help you realize your full leadership potential. Improve your communication and problem solving skills and participate in fun team building challenges throughout the day. Ask about Youth Engaged in Service (YES) to gain more leadership skills as well as volunteer hours.

Youth Centre at Abbotsford Rec Centre

Monday September 23 or

Friday November 29

9:30am - 4:00pm

1/\$45

Food Safe

12-18 yrs

Looking for a job in frontline food service? Level One Food Safe is designed for cooks, servers, bus persons, dishwashers, and deli workers. The course covers safe food handling information needed for almost any job dealing with food. FOODSAFE certificate provided upon successful completion.

Youth Centre at Abbotsford Rec Centre

Saturday September 28 or

Saturday November 16

9:00am-5:00pm

1/\$68

Register at our office:
32315 South Fraser Way.
We accept cash or cheque
only and are open Mon-Fri
from 9am-4:30pm



Girls Nite Out

12-16 yrs

Corn Maze, bowling, laser tag, rock climbing, and more... sound fun? Girls Nite Out encourages girls to try new activities as a fun way to practice healthier living. Activities at various locations.

Tuesdays October 8 - November 26 or

Wednesdays October 9 - November 27

7:00pm - 8:30pm

8/\$45

Guys Nite

12-16 yrs

Check out the Corn Maze, go rock climbing, bowling, play laser tag and more! Guys Nite is a recreational program that introduces guys to a variety of activities in the community. Activities at various locations.

Tuesdays October 8 - November 26

7:00pm - 8:30pm

8/\$45

Employment Readiness

14-17 yrs

Need some extra cash? Looking for a job, but not sure where to start? This motivational course will help prepare you for your job search. Learn how to write a winning resume, find out where to look for employment and go through a mock interview to prepare for the real thing. This course will give you the competitive edge to land you a job!

Abbotsford Youth Commission Office

Friday October 25 9:00am - 4:00pm 1/\$45

MoneySkills

15-24 yrs

Gain knowledge, skills, and confidence to effectively manage your money! Focusing on banking, budgeting and credit. This 1 day course will teach you how to avoid spending temptations, maximize savings, and build good habits for life. Certificate provided upon completion.

Youth Centre at Abbotsford Rec Centre

Saturday November 23

9:00am-4:00pm

FREE



We acknowledge the financial assistance of the City of Abbotsford and the Province of British Columbia



I ♥ CULTURE

Free arts and culture activities in a community near you!



Share what you love about culture in BC.
 Enter the Black Press I ♥ Culture Photo Contest to win prizes.
<http://bit.ly/bcculturecontest>

4TH GREAT YEAR
7000+ EXPERIENCES
PLAN YOUR WEEKEND
CULTUREDAYS.CA

culture days

CREATE, PARTICIPATE & CELEBRATE
September 27, 28 & 29, 2013

connect @CultureDays

PRESENTED IN ABBOTSFORD BY



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Federal Government Support



PROVINCIAL PARTNERS



Join us at CNIB Night Steps a fun five-kilometre night walk under the stars, taking place Friday September 20, 2013 at Mill Lake in Abbotsford. Supporting CNIB, this evening event is for family, friends, supporters and members of CNIB. Funds raised support CNIB's vital services such as learning independent travel using a white cane, and empowering people who live in the Fraser Valley who are blind or partially sighted with the skills to travel independently with confidence.

To register and learn more about CNIB Night Steps, visit cnibnightsteps.ca or email Shawna.Rathbun@cnib.ca

Presented by

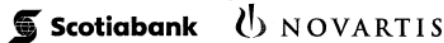


Canadian Coalition of Eye Care Professionals*

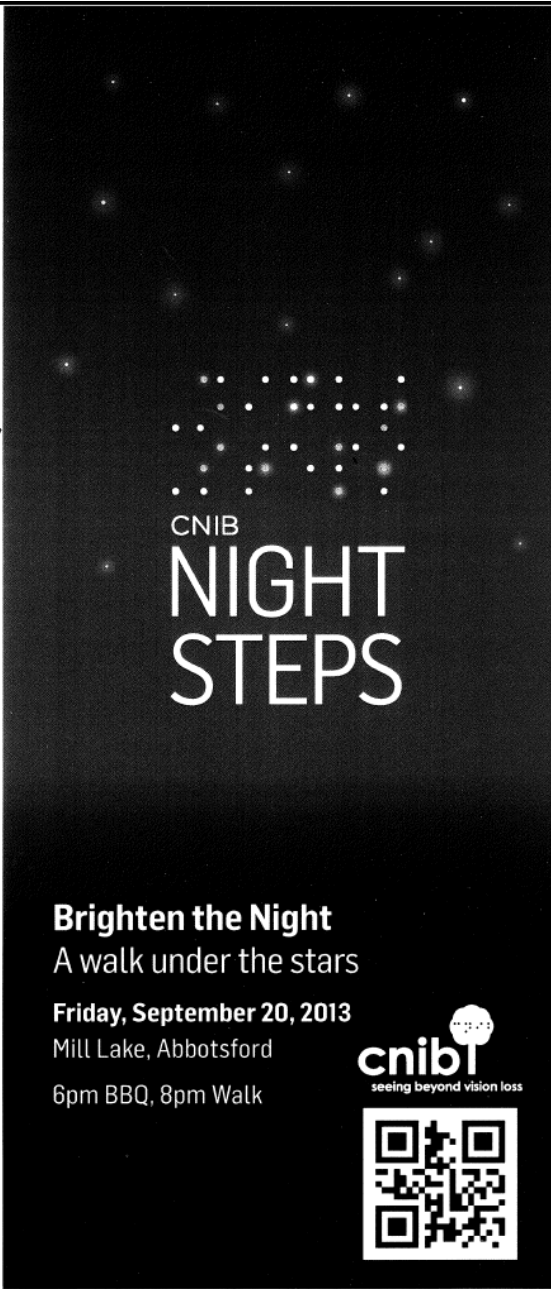
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Community Partners



CNIB
NIGHT STEPS

Brighten the Night
A walk under the stars

Friday, September 20, 2013
Mill Lake, Abbotsford
6pm BBQ, 8pm Walk





Registration for Special Olympics

Calling all new Special Olympics Athletes!

If you or someone you know has an **intellectual disability** and would like to be active and make new friends, Special Olympics Abbotford has a sport for you! We offer Bowling, Swimming, Basketball, Figure Skating, Speed Skating, Curling, Floor Hockey, Rhythmic Gymnastics, Power Lifting, Club Fit, Active Start, Golf, Soccer, Track & Field, Softball and Bocce!

Mark these dates on your calendars so you can register for the 2013-2014 season!

There will be 3 separate chances for you to register this year:

- #1 At the Clearbrook Library's Meeting Room
Saturday, September 7th, from 10:00 am to 2:00 pm
- #2 At the Clearbrook Library's Meeting Room
Wednesday, September 11th, from 6:00 to 8:00 pm
- #3 At the park at Mill Lake, off of Bevan Street
Saturday, September 21st, from 11:00 to 1:00

The #3 day to register will also be a Kick Off BBQ!! Come and meet some athletes and coaches, and celebrate your participation in SPECIAL OLYMPICS! We will have a BBQ, drinks and desserts... we will have music... AND we will have you and all your friends from "SPECIAL O" who want to come out and hang out with us in the park! Please let us know if you are coming to the BBQ so we can have enough food! Tickets will be for sale at Registration Days #1 and #2 or you can reserve your ticket by emailing Edna Clifford: erclifford@telus.net

Cost for athletes: \$3 gets you a hot dog/burger, a drink and a cookie!

Any questions about Special Olympics? Please contact us:

Local Coordinator, Tom Moore: localsobcabbotsford@gmail.com

Program Coordinator, Cindy Suffel-Marchbank: programsobcabbotsford@gmail.com

(**Thanks to Frank McMiller for the awesome athlete photos in this poster!)

Pack it Light. Wear it Right.

Are you carrying around too much weight in your backpack? Lighten your load. Excessive weight can cause problems for your back including pain and injury. When it comes to your backpack, remember to Pack it Light and Wear it Right. For more information, ask your family chiropractor or go to bcchiro.com/backpacksafety



Don't carry more than
15% of your body weight
in your backpack
(10% for younger kids)

Your Weight	Maximum Load
23 kg / 50 lbs	2.2 kg / 5 lbs
32 kg / 70 lbs	3 kg / 7 lbs
40 kg / 90 lbs	6 kg / 14 lbs
50 kg / 110 lbs	7 kg / 16 lbs
59 kg / 130 lbs	9 kg / 19 lbs
68 kg / 150 lbs	10 kg / 22 lbs
77 kg / 170 lbs	11 kg / 25 lbs
86 kg / 190 lbs	13 kg / 28 lbs

Pack it Light and Make a Difference

BC's Chiropractors are proud to support the Salvation Army's annual Backpack and School Supply Drive. Each year, over 5,000 BC kids in need receive a backpack full of supplies to start off the school year.



Help children and families in your community. Text **GIVEBC** to **45678** to donate \$5 to the Salvation Army. #SABackpacks

Giving Hope Today



When it comes to your backpack, remember to
Pack it Light and Wear it Right!



Don't Hunch
If your backpack is too heavy, lighten that load.



Straighten-Up!
Use both shoulder straps and avoid leaning postures.



Lift Safely
Always bend your knees to lift your bag or heavy objects.



Use Those Pockets
Take advantage of compartments and pockets to help space out the load.







Time to Wear
Put your bag on one strap at a time from a chair or table.



Heavy Items
Pack heavy items close to your body and use a waist belt if you have one.



British Columbia Chiropractic Association
125-3751 Shell Road
Richmond, BC V6X 2W2
Phone: 604-270-1332
Fax: 604-278-0093
Email: info@bcchiro.com

bcchiro.com 
facebook.com/bcchiro 
@bcchiro 
youtube.com/bcchiropractic 



Strengthening Families Together



Strengthening Families Together

is a **free** 10-week course for family members who have a loved one living with a mental illness.

The course provides participants with the information, tools and support to help them cope with the challenges they face.

Strengthening Families Together will be offered on **Thursdays** in Abbotsford

Beginning **October 10th** to **December 12th** 2013 from 6:30-8:30 pm.

It is open to residents of:

Mission, Abbotsford, Chilliwack, Agassiz/Harrison and Hope.

Class size is limited and **registration** is required.

Contact Francesca at 1 877 717 5518 xtn 1 or francesca@bcss.org



A REASON TO HOPE. THE MEANS TO COPE.
BRITISH COLUMBIA SCHIZOPHRENIA SOCIETY

