

2272 Windsor St.
Abbotsford, B.C. V2T 6M1
604-850-7029,
fax: 604-850-7028



Principal: Mr. Glen Hildebrand

Vice-Principal: Mr. Michael Hendricks

OnlineMarks **Checkmymark.com**

Student marks are available online at www.checkmymark.com. In order to access your child's marks, you will need to login with a

USER TYPE:
Select " Student/Parent "

SCHOOL:
"Abbotsford Traditional
Secondary"

LAST NAME:
Student's Last Name

PASSWORD:
The Password is randomly generated and teachers will provide each student with their unique password. For Login help or password resets, please contact Mr. Macphail
Andrew_macphail@sd.34.bc.ca or the classroom teacher

Office Staff:

Mrs. Hartley local: 1002
 local: 1001

Counselor:
Mr. Colin Abernethy local: 1107

One-to-One program:
Andrew MacPhail local: 1120

Principal's Message

Fall is moving along and we are looking forward to the uniqueness that the fall brings. The autumn colours, the frosty mornings and events we enjoy. Coming up is Halloween a fun time for many. We want to remind all of our students that any fireworks or firecrackers are neither allowed nor legal to be in possession of on any school property. Severe consequences are assessed for those who bring or use fireworks on school property. We want all to have a safe and fun Halloween.

Kudos to our newly formed Key Club which is a student led group organized by Sahil Chawla, one of our Gr. 12 students, who are interested in supporting charitable events around the community. They just completed a fun fair where they raised money for one of our teachers, Mr. Gasser, who will be travelling with a student group to Mexico to build a house for those in need over the Spring Break. Well done ATSS students.

We had a great evening with our Gr. 12 parents with about 55 parents out. We addressed things such as post secondary application and qualifications, laptops, technology and communication, grad events upcoming and what to be aware of as a Gr. 12 parent of a grad. The response was very positive and we will seek to do this each year and possibly expand it to our other grades. Thank-you parents.

Thanks to a number of our teachers who have established clubs for our lunch hours to engage our students in fun and learning. Just a sample of a few are an active competitive chess club formed by Mr. Kauffman, Mrs. Toews is running a club for those interested in listening to music of different eras and Mr. Gasser is sponsoring a Wed. Karaoke club. There are others involved as well.

Our athletics are surging along. Our Sr. boys soccer team is settling at the top of our league, our Jr. girls volleyball is winning key games against much bigger schools. Our Sr. girls volleyball are enjoying a challenging season winning some games and losing others but are engaged and working hard to represent us. Our Jr. boys volleyball are also winning some key games. Great job students of ATSS.

A very special thanks to our teachers and parent volunteers who are taking time out of their busy schedules to provide these times for our students to enjoy and be connected here at ATSS. These are great opportunities for those students who may be energetic, athletic, shy or feeling alone to be and get involved in the life here at ATSS.

Important events and dates coming up.

Tonight our grads will be enjoying the first major grad event of a cruise in the Vancouver harbour. This should be a great time of fun and connection for our grad class. This will be followed by a Professional Development Day for teachers on Friday when students will not be attending school.

Wed. Nov. 6 is Take Your Kid to Work Day. This is a provincial day for all parents to take their Gr. 9 sons or daughters to work for that one day. This is a provincial program to expose our kids to work experience, to see what real jobs are like. The expectation is that all of our Gr. 9 students will be involved in this. If you are unable to take your child with you to work that day, please arrange for an uncle or family friend to do so in order to provide that experience for them. There will be no classes/activities planned for our Gr. 9 students on that day. This experience will be followed up with a report they will submit to their Gr. 9 homeroom teacher.

An early notice of our Parent/Teacher Conference day coming up on Thurs Nov. 28. This will follow our report card distribution a few days prior as we send the report cards home with the student. This will be a little different this year as the entire day from 9:15 to 2:30 and again 6:30 to 8 pm will be set aside for teachers to meet with you as parents. The change will be that the entire day of the 28 will be set aside for parents to drop in and meet with their teachers in their classrooms as students will not be in attendance. I would strongly encourage you to be available for the day time as this will allow you more time with the teacher. To minimize your chance of having to wait, please set up an appointment with the teachers you would like to see which can best be done by e-mailing your teacher directly. For the evening session we will follow our past practice of having all of our teachers available in the gym for you to meet with them. For the evening we will also have Punjabi language support available for those of you who could make use of that. We look forward to seeing you there.

As always should you have any questions don't hesitate to contact Mr. Hendricks or myself at 604-850-7029 or e-mail at glen_hildebrand@sd34.bc.ca

Sincerely,
Glen Hildebrand, Principal





Parent/Teacher Conference Day coming up on Thurs Nov. 28.

Following our report card distribution we will be having a full day of parent/teacher interviews. Different this year as the entire day from 9:15 to 2:30 and again 6:30 to 8 pm will be set aside for teachers to meet with you as parents. Teachers will be in their classrooms for the day, 9:15 to 2:30, available for parent conferences. Please e-mail your teachers for an appointment. The evening will follow past practice of meeting in the gym for brief 5 min. sessions with teachers from 6:30 to 8:00 pm. No appointment is necessary for this time. Punjabi Language support will be available.

ATSS ਲਈ ਮਾਪਿਆਂ ਦੀ ਜ਼ਰੂਰਤ ਹੈ

ਸਾਡੇ ਸਕੂਲ ਵਿੱਚ ਮਾਪਿਆਂ ਦੀ ਬਹੁਤ ਜ਼ਰੂਰਤ ਹੈ। ਮਾਪੇ ਹੋਣ ਦੇ ਨਾਤੇ ਸਾਨੂੰ ਤੰਦਰੁਸਤ ਅਤੇ ਅਗਾਂਹ ਵਧੂ ਸਕੂਲ ਦੀ ਲੋੜ ਹੈ।

ਮਾਪੇ ਹੋਣ ਦੇ ਨਾਤੇ ਅਸੀਂ ਆਪਣੇ ਆਪ ਹੀ Pac (Parents Advisory committee) ਦਾ ਹਿੱਸਾ ਹਾਂ। ਕ੍ਰਿਪਾ ਕਰਕੇ ਕਿਸੇ ਇੱਕ ਥਾਂ ਲਈ ਸੇਵਾਵਾਂ ਲਈ ਸ਼ਾਮਲ ਹੋਵੋ।

ਮਾਪੇ ਕਿਸ ਤਰ੍ਹਾਂ ATSS ਵਿੱਚ ਮਦਦ ਕਰ ਸਕਦੇ ਹਨ :

ਇਹ ਯਕੀਨੀ ਬਣਾਓ ਕਿ ਸਕੂਲ ਵਿੱਚ ਤੁਹਾਡਾ Phone number ਅਤੇ email ਸਹੀ ਹੈ ਤਾਂ ਕਿ ਤੁਹਾਨੂੰ Pac ਦੀ email list ਅਤੇ ਸਕੂਲ ਦਾ News letter ਮਿਲ ਸਕੇ ਅਤੇ ਤੁਸੀਂ Pac ਵਾਸਤੇ Lori Toews ਨਾਲ ਸੰਪਰਕ ਕਰੋ ਉਸ ਦਾ email ਪਤਾ ਹੈ toews.team@gmail.com

ਸਕੂਲ ਦੀ website ਦਾ ਪਤਾ www.atss.ca "contact us" tab ਦਬਾਓ ਜਾਂ ਸਕੂਲ ਵਿੱਚ ਫੁਨ ਕਰੋ।

ਨਵੇਂ ਪ੍ਰਵਾਰਾਂ ਵਾਸਤੇ www.atss.ca ਉਪਰ ਬਹੁਤ ਸਾਰੀ ਜਾਣਕਾਰੀ ਹੈ।

ਸਕੂਲ ਵੱਲੋਂ ਮਹੀਨੇ ਵਿੱਚ 2 ਵਾਰ Newsletter ਘਰ ਆਉਂਦਾ ਹੈ ਉਸ ਨੂੰ ਜ਼ਰੂਰ ਪੜ੍ਹੋ।

ਜੇ ਤੁਸੀਂ ਕਦੇ ਅਧਿਆਪਕਾਂ ਵਾਸਤੇ "ਖਾਣਾ" ਜਾਂ Treat ਦੇਣ ਦੀ ਦਿਲਚਸਪੀ ਰਖਦੇ ਹੋ ਤਾਂ ਸੰਪਰਕ ਕਰੋ ਤਾਂ ਈਮੇਲ ਕਰੋ toews.team@gmail.com

ਧੈਕ ਮੀਟਿੰਗ ਤੇ ਆਉ ਅਤੇ ਦੋਸਤਾਂ ਨੂੰ ਵੀ ਲੈ ਕੇ ਆਉ।

ਅਗਲੀ ਮੀਟਿੰਗ ਅਕਤੂਬਰ 22, 2013 ਨੂੰ ਜ਼ਰੂਰ ਪਹੁੰਚੋ ਜਿਥੇ ਤੁਹਾਡੀ ਬਹੁਤ ਜ਼ਰੂਰਤ ਹੈ।

ਸਾਨੂੰ ਹੇਠ ਲਿਖੇ ਖੇਤਰਾਂ ਵਿੱਚ ਵਲੰਟੀਅਰਾਂ ਦੀ ਲੋੜ ਹੈ:

- * Chaperone dances
- * Organize a fundraiser
- * Attend sporting events
- * ਹਫਤੇ ਵਿੱਚ ਸਕੂਲ ਵਿੱਚ ਇੱਕ ਵਾਰ ਜ਼ਰੂਰ ਆਉ
- * ਟੀਚਰ ਨਾਈਟ, ਸਕੂਲ ਮੀਟਿੰਗ ਅਤੇ ਧੈਕ ਮੀਟਿੰਗ ਵਿੱਚ ਜ਼ਰੂਰ ਹਾਜਰ ਹੋਵੋ

ਧੰਨਵਾਦ





ATSS NEEDS PARENT INVOLVEMENT !

Our school very much needs increased parent support and help. As parents, we need you to have a healthy, positive school. As a parent, you are automatically part of the PAC (Parent Advisory Committee). Please consider at least ONE way you can be involved.

Helpful ways to be involved at ATSS, as parents:

- **Make sure the office and the PAC has your email and correct phone number for messages.**
(To get on PAC email list, email Lori Toews: toews.team@gmail.com; to get on school email list, visit school website (www.atss.ca) and enter email under the "Contact Us" tab, or call the school).
- Become familiar with the new, improved school website: www.atss.ca. Lots of good information!
- Read school newsletters – they come out twice a month – either by email, website or printed.
- Provide baking and "treats" for our staff (if interested, email: toews.team@gmail.com)
- Come to PAC meetings, and bring a friend. Next one: October 22, 2013. We need you!
(In current need of Vice-Chair, Secretary, and parent rep's for TAC, DPAC, SPC, General Members).
- Volunteer to chaperone dances.
- Volunteer to organize a fundraiser.
- Attend sporting events.
- Come into the school once a week and talk to at least one other person (student or staff!).
- Talk to another parent and make sure they are reading newsletters, website and getting involved.
- Come to Meet the Teacher Nights, school meetings, concerts and Parent/Teacher Interviews
- Be you! We need you and any input you have.



Need homework help? After school Homework Club is starting.

Mrs. Cousar's room will be open for homework help on Tuesdays and Thursdays from 2:45 to 4:00. Students wanting a quiet place to work on their assignments or some assistance are welcome to drop in for a bit to get some work done before they head home. Stay for five minutes or an hour! Senior students looking for volunteer hours can see Mrs. Cousar about helping out on an occasional basis. Come one, come all!

Thanks!

Mrs. Elizabeth Cousar
Abbotsford Traditional Secondary School

Community Events and Information

For further information please visit the following websites:

Apply to be a part of the Bluewave Youth Team
See Poster below this information.

We have an exciting new opportunity available for **young people aged 14-18** – the chance to become a member of our soon-to-be-formed **Youth Team!**

All details can be found on our website here:

<http://www.ok2bbblue.com/our-programs/blue-wave-youth-team/>

This will be a fantastic experience for any young person. Please spread word of this opportunity amongst your networks and encourage the young people you know to apply. Application deadline is **November 1st**.





Youth Team Member Job Description

The Blue Wave Program is looking for young people aged 14–18 to become members of its **Youth Team**. Blue Wave is a program of the Canadian Mental Health Association's BC Division and its aim is to prevent young people in BC from experiencing mental health problems such as depression and anxiety. www.ok2bblue.com

Part of our program will involve teaching a mental health skills course to young people, but to do this we need to tailor the course to teenagers because right now it's designed for adults only. The course is called Living Life to the Full and it's about dealing with the stresses life throws our way. It's a prevention course for anyone. You can find more information about it at www.littf.ca.

We need a team of young people to tell us what they think of the booklets, slides, and activities that we will be using in the course. (We also want to know what kinds of social media young people enjoy using and how Blue Wave can best use them, so we will be asking the team about that too!)

What will I have to do?

It's easy! As a team member you will need to:

- Travel from your home to our office in downtown Vancouver for meetings with the rest of the team three times over the next 6 months (we will pay for your travel). We will also connect with a small number of team members on Skype if travelling is not possible for you.
- Read through some course materials and give your honest opinion on them. The booklets cover topics such as healthy thinking, problem solving, confidence, self-esteem and dealing with anger. Examples of booklet titles are: 'Why do I feel so bad?', 'Are you strong enough to keep your temper?' and '10 things you can do to feel happier straight away.'
- Check out the ways that we are planning to promote the program and tell us if you think we are on the right track.
- Take part in group discussions and don't be shy—we are very friendly!

Am I eligible?

All we ask is that you are willing to come to the meetings, you commit to the duties above, and will participate in group discussions (there'll only be 8-10 people on our team). Since this course is for any teen, you do not need to have experience of a mental health problem to take part, but it's ok if you have had one in the past or if you currently do.

What's in it for me?

- You'll be helping young people across BC deal better with stress and feel happier, including ones who might be at risk of developing mental health problems such as depression, anxiety or suicidal thoughts.
- You will get a really good volunteer experience for your resume or for college or university applications.
- We'll give you \$30 each time you attend a meeting as a thank you for volunteering
- We'll pay for your meals and your travel expenses.
- You'll meet other young people from across BC
- In reviewing the materials, you'll pick up a whole bunch of great skills that research shows help people to beat stress and feel happier
- You'll learn or practice other skills such as participating on a committee, and critical thinking and evaluation.
- You'll be connected to the Canadian Mental Health Association and may hear about other volunteer or paid opportunities
- You'll get a complete set of final course booklets

I'm interested! What do I do now?

Please save your completed form, attach it to an email and send it to Paula at bluewave@cmha.bc.ca. You can also email her if you have any questions about the Blue Wave Youth Team.

Deadline November 1, 2013

About Blue Wave

Blue Wave is a youth mental health program of the Canadian Mental Health Association, BC Division (CMHA). Many young people living in BC are struggling with mental health and substance use problems and we want them to feel hopeful that things can and will get better. Our mission is to increase awareness, encourage solutions, foster hope and end the stigma of mental illness. We are there for all young people: for those who are struggling due to any type of mental illness, mental health or substance use problem, but also for anyone who is feeling 'blue' or having a hard time. We're also there for youth who want to prevent mental health problems from starting in the first place. **To get involved or donate visit www.ok2bblue.com.**

About the Canadian Mental Health Association

Canadian Mental Health Association, BC Division (CMHA BC) is part of one of Canada's oldest charities. Nationally, CMHA provides vital services and support to well over half a million Canadians every year. Last year, CMHA BC and 19 BC branches helped over 82,000 British Columbians. As the nation-wide leader and champion for mental health, CMHA facilitates access to the resources people require to maintain and improve mental health and community integration, build resilience and support recovery from mental illness.





my Health
my Community

.....
Your voice for a healthier community



Take the survey and enter to
WIN prizes, like an iPad!



www.myhealthmycommunity.org

the Fall
clothesline
a clothing give-away open
to the community.



Sevenoaks Alliance Church
Youth Centre

Friday, October 25
7-9 pm

Saturday, October 26
10 am-12 noon





News Release

Fireworks Are Illegal In Abbotsford

ABBOTSFORD, BC, October 17, 2013 – The use of fireworks and firecrackers are not only dangerous, they are illegal in the City of Abbotsford announced Abbotsford Fire Rescue Service today.

While fireworks have been advertised for sale on the Sumas First Nations Lands and in communities bordering the city, their use in Abbotsford is against City bylaws and will be strictly enforced.

“Fireworks are basically small bombs and are not safe for untrained citizens,” said Mike Helmer, Deputy Fire Chief. “Every year, there are serious injuries to youths and children as a result of using fireworks or firecrackers, and all of these injuries can be 100% avoided this year.”

The Abbotsford Fireworks Bylaw prohibits the sale, possession and discharge of fireworks within the City’s borders. This bylaw was introduced in 2005 in order to reduce the number of injuries and fires caused by their use. The bylaw is enforced by Fire Rescue Service members as well as by Abbotsford Police and Bylaw Enforcement Officers. Residents caught with fireworks will be subject to fines ranging from \$200 - \$1000 and their fireworks will be confiscated.

This year, the extremely dry conditions in the Fraser Valley are causing additional concerns to fire officials as Halloween and Diwali approach. One single firecracker or sparkler could easily start a massive brush fire and extensive property damage could result. Some fireworks burn at temperatures above 1000 Degrees C and will continue to burn even when doused with water.

Fires caused by illegal use of fireworks have been reduced since the bylaw was introduced, but they are still a major concern. Residents need to be aware that even though fireworks are offered for sale nearby, they must not be used in Abbotsford. Only licenced and trained pyrotechnicians can apply for a permit to hold a fireworks shows – and these are only approved under very strict conditions.

For more information about fireworks and the Abbotsford Fireworks Bylaw, visit www.abbotsford.ca/fire (Residents/Bylaws/Fireworks) or call the Abbotsford Fire Rescue Service at 604-853-3566.

city in the country

32315 South Fraser Way, Abbotsford BC V2T 1W7



TOKWD (Take Our Kid to Work Day) 2013 is on Wednesday, November 6, 2013.

Grade 9's: Enter the Abbotsford School District's Take our Kid to Work Day Contest and Win an Ipad.!

Take our Kids to Work is The Learning Partnership's flagship initiative and one of its most popular programs. On Wednesday, November 6, grade 9 students across Canada will experience a day in the life of an adult - at work.

This annual, national program enables the entire community - parents, teachers and employers to play an important role in the career development of young Canadians.

Contest Details:

All Participating grade 9's are eligible: To enter the draw, students submit a photo and a short write up (no more than 2 paragraphs) or video account of their day at work to their school counsellor. Students should name the place of employment and provide a short account of what they learned and/or enjoyed about their experience. Entries are due to your counsellor by Wed, November 13 at 2:30 p.m.



TOKWD (Take Our Kid to Work Day) 2013 is on Wednesday, November 6, 2013.

Grade 9's: Enter the Abbotsford School District's Take Our Kid to Work Day Contest and Win an IPAD!

Take Our Kids to Work is The Learning Partnership's flagship initiative and one of its most popular programs. On Wednesday, November 6th, grade 9 students across Canada will experience a day in the life of an adult - at work.

This annual, national program enables the entire community - parents, teachers and employers to play an important role in the career development of young Canadians.

Contest Details:

All participating grade 9's are eligible. To enter the draw, students submit a photo and a short write up (no more than 2 paragraphs) or video account of their day at work to their School Career Facilitator. Students should name the place of employment and provide a short account of what they learned and/or enjoyed about the experience.

Entries are due to your High School's Career Facilitator by Wed. November 13, 2013 at 4:00 p.m.

For more information visit: <http://www.thelearningpartnership.ca/page.aspx?pid=250>



Abby Junior Chess Club

No Cost!! No Registration!!

Drop in!!



For Children 5-17 years old!!

Venue: Abbotsford Community Library
33355 Bevan Ave, Abbotsford


Time: Sundays: 2:30-4:30 PM

Misc: Instruction and teaching provided. Friendly games, Tournaments and Free parking. Children under the age of 7 must have adult supervision.

Note: You are welcome to donate to the Abby Junior Chess Club towards purchasing tournament size Chess Mats and clocks.

For more Information:

Contact: Jane@ 604-724-7800 or Monica@ 604-857-3724

Follow: Abby Junior Chess Club on  for weekly updates.



Matsqui Blades: Matsqui Blades is a Short-Track Speed Skating Club based at the Abbotsford Recreation Centre (ARC). The Club caters for athletes from ages 8 to 18, with ability levels ranging from novices through to those competing at a Provincial and National Level.

Short Track Speed Skating: Short Track Speed Skating is carried out on either a 100m or 110m oval set out on a standard NHL or Olympic sized arena. Events include 200m Pursuit, 400m, 500m, 1000m, 1500m and 3000m Points Race. Inter-Club events are held throughout the season in Vancouver and throughout the Lower Mainland.



Club Practice: Club Practice is held at ARC and is divided into 3 groups; Beginner, Intermediate and

Senior with the following practice times;

- Beginner Group; Monday & Friday 4:30PM to 5:30PM
- Intermediate Group; Monday & Friday 4:30PM to 5:30PM Wednesday 5:45PM to 7:00PM
- Senior Group; Monday & Friday 4:30PM to 5:30PM Wednesday 5:45PM to 7:00PM

New Skaters are normally invited to join the Beginner Group and will then be assessed by the Chief Coach before being allocated to the Intermediate or Senior Group if appropriate. Skates and Boots are provided by the Club, but Skaters are responsible for providing mandatory safety equipment and for skate sharpening.

Contact: Matsqui Blades is currently welcoming new skaters for the 2013/2014 Skating Season. For further information please contact Jamie Johnson by email at sumerling@hotmail.com or meet us at the ARC Arena during practice sessions.



Abbotsford Female Hockey Association

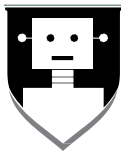


Where all girls have fun
and are part of the team



Contact AFHA Registrar
Sarah 604-859-8907

abbotsfordfemalehockey.com



GearBots Engineering Program

In the iLab at (A104) Abbotsford Senior Secondary School, 33355 Bevan Ave, Abbotsford, BC V2S 0E7 (t) 604.308.2241 (e) info@gearbots.org (w) gearbots.org

Course Offerings for the 2013/14 School

Year: (non-credit) GearBots provides a number of opportunities that promotes STEAM education (science, technology, engineering and math) for students ages 9-14+. Visit www.gearbots.org or check out the latest Abbotsford Recreation Guide to see when the courses are offered.



Strengthening Families Together



Strengthening Families Together

is a **free** 10-week course for family members who have a loved one living with a mental illness.

The course provides participants with the information, tools and support to help them cope with the challenges they face.

Strengthening Families Together will be offered on **Thursdays** in Abbotsford

Beginning **October 10th** to **December 12th 2013** from 6:30-8:30 pm.

It is open to residents of:

Mission, Abbotsford, Chilliwack, Agassiz/Harrison and Hope.

Class size is limited and **registration** is required.

Contact Francesca at 1 877 717 5518 xtn 1 or francesca@bcss.org