

# The Titan Tribune

Abbotsford Traditional Secondary School  
atss.ca

Nov. 8, 2013  
Volume 10, Issue 5

2272 Windsor St.  
Abbotsford, B.C. V2T 6M1  
604-850-7029,  
fax: 604-850-7028



Principal: Mr. Glen Hildebrand

Vice-Principal: Mr. Michael Hendricks

## **OnlineMarks** **Checkmymark.com**

Student marks are available online at [www.checkmymark.com](http://www.checkmymark.com). In order to access your child's marks, you will need to login with a

**USER TYPE:**  
Select "Student/Parent"

**SCHOOL:**  
"Abbotsford Traditional  
Secondary"

**LAST NAME:**  
Student's Last Name

**PASSWORD:**  
The Password is randomly generated and teachers will provide each student with their unique password. For Login help or password resets, please contact Mr. Macphail  
[Andrew\\_macphail@sd.34.bc.ca](mailto:Andrew_macphail@sd.34.bc.ca) or the classroom teacher

### **Office Staff:**

Mrs. Hartley      local: 1002  
                         local: 1001

**Counselor:**  
Mr. Colin Abernethy local: 1107

**One-to-One program:**  
Andrew MacPhail    local: 1120

## Principal's Message

We are fast approaching the end of our first term. Most teachers are cutting off marks for the first term report card by the end of this week so it is a good time to ensure that your son or daughter have completed all the necessary work. If you are unsure please contact your teacher either by phone or by e-mail. All teacher e-mails can be found on our website [www.atss.ca](http://www.atss.ca)

Just a reminder that our first Parent/Teacher conferences are coming up. They will be preceded by an early dismissal day on Wed. Nov. 27 when classes will be dismissed at 1:30 pm. Parents are welcome to make appointments with teachers for the hour, 1:30 to 2:30 pm. The district is setting aside the entire day on Thursday Nov. 28 for Parent/Teacher conferences. Time will be set aside beginning at 9:15 am until 2:30 pm and again from 6:30 pm to 8:00 pm. The day time will provide opportunity for you to contact the teacher(s) you wish to see ahead of time for an appointment. The evening will follow our past practice of meeting the teachers in the gym for a short 5 minute conference on a drop in basis. Please don't miss this opportunity to meet with your son's or daughter's teachers.

I would like to express a job well done to our coach Mr. Laity and our Sr. boys soccer team who have wrapped up their season with a playoff loss in the pouring rain this week. Despite the young overall age of our team our boys were the top of their league and made it to the playoffs where they fell to a more mature team. They had a great season and we eagerly look forward to next season.

Our other teams are wrapping up their seasons as well. A big thank-you to Mrs. VanKleeck and Mr. Broad for coaching the Sr. girls volleyball. Also thanks to Mr. Muermann and our Jr. girls and to Mr. Domke and the Jr. boys. They have had successful seasons winning some and losing some but enjoying playing the game representing ATSS. As our cross country and volleyball seasons come to a close, basketball season is about to begin.

Extracurricular sports play such a large part in overall student development and contribute significantly to a positive school spirit. We are thankful for the many coaches who donate their time to provide this opportunity for our students.

As we get closer to that time when the weather can turn nasty, if you are unsure about whether or not the school is closed for a heavy snowfall, your best source for school closures is to tune in to the local radio stations where the district will post that information, for example, 980 AM CKNW, 98.3 STAR FM or check the district website at <http://www.sd34.bc.ca/>

Sincerely,

Glen Hildebrand, Principal



# ATSS Calendar

**Faculty:**

**Dept Heads:                      Local**

<b>Colin Abernethy</b>	<b>1107</b>
<b>Ken Laity</b>	<b>5107</b>
<b>Andrew Macphail</b>	<b>5173/1120/1114</b>
<b>Rebecca Toews</b>	<b>3134</b>
<b>Tracy Wedel</b>	<b>3140</b>
<b>Pam VanKleeck</b>	<b>3237</b>

**Teaching Staff**

<b>Don Barden</b> <b>ringer :2244</b>	<b>1103</b>
<b>Elizabeth Cousar</b>	<b>3141</b>
<b>Brock Currie</b>	<b>3252</b>
<b>Bruce Cuthbertson</b>	<b>3236</b>
<b>Reena Dhillon</b>	<b>3137</b>
<b>Jim Domke</b>	<b>5164/5107</b>
<b>Shawn Fedyna</b>	<b>3251</b>
<b>Grant Gasser</b>	<b>1114/1116</b>
<b>Carlton Haak</b>	<b>3250</b>
<b>James Hill</b>	<b>3137</b>
<b>Kim Hunt</b>	<b>5107</b>
<b>Steve Kauffman</b>	<b>3238</b>
<b>Sharon Kehoe</b>	<b>5171</b>
<b>Sandy Lane</b>	<b>3248</b>
<b>Frank Muermann</b>	<b>3138</b>
<b>Michelle Myers</b>	<b>3235</b>
<b>Elizabeth Smoes</b>	<b>3136</b>
<b>Olga Ulyasheva</b>	<b>3240</b>
<b>Janet Wade</b>	<b>1121</b>

**Learning Assistance**

<b>Phyllis Collins</b>	<b>3135</b>
<b>Heidi Ens</b>	<b>3135</b>
<b>Colleen Gould</b>	<b>3135</b>
<b>Karen Hiebert</b>	<b>3135</b>
<b>Denise Silzer</b>	<b>3135</b>

**Library**

<b>Laurie Salter</b>	<b>3152</b>
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**Cafeteria**

<b>Julie McCaughey</b>	<b>5169</b>
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**International Rep**

<b>Christine</b>	<b>1110</b>
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**Youth Worker**

<b>Darlene Rayburn</b>	<b>3255</b>
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**Community Support**

<b>Jeven Randhawa</b>	<b>1110</b>
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Emails can be sent to all staff under:  
[first\\_last@sd34.bc.ca](mailto:first_last@sd34.bc.ca)  
*(Simply use that teacher's name)*

*Remember: We are on the web!*

Follow us on Twitter

@abbytitans

Nov. 8	Term 1 Ends/Collaboration Day #5
<b>Nov. 11</b>	<b>Remembrance Day</b>
Nov. 19	Social Studies Fair – Ms. Dhillon 7:00 pm
Nov. 22	Report Cards Issued/Collaboration Day #6
Nov. 27	1-hour Early Dismissal Days (1:30 pm)
Nov. 28	Parent-Teacher Interviews
<b>Nov. 29</b>	<b>Non-Instructional Day #3</b>
Dec. 2	All Gr. 11's attend Career Fair at Tradex
Dec. 13	Collaboration Day #7
Dec. 20	Last day before Christmas Vacation
Dec. 23 – Jan. 3	Christmas Vacation
Jan. 6	School Re-opens after Christmas Vacation
Jan. 10	Collaboration Day #8
Jan. 24	Term 2 Ends/Collaboration Day #9
Jan. 27-31	In school/Provincial Exams
Feb. 3	Semester 2 Begins
Feb. 7	Report Cards Issued
Feb. 10	Family Day
Feb. 14	Collaboration Day #10
Feb. 21	Non-Instructional Day #4
Mar. 7	Collaboration Day #11
Mar. 12-13	1-hour Early Dismissal Days
Mar. 14	Last day before Days-in-Lieu/Spring Vacation
Mar. 17-28	Spring Vacation
Mar. 31	School re-opens after Spring Vacation
Apr. 4	Collaboration Day #12
Apr. 18	Good Friday
Apr. 21	Easter Monday
Apr. 11	Term 3 Ends
Apr. 25	Report Cards Issued/Collaboration Day #13
May 8	Parent-Teacher Interviews
May 9	Non-Instructional Day #5
May 16	Collaboration Day #14
May 19	Victoria Day
May 30	Collaboration Day #15
June 2	Non-Instructional Day #6
June 13	Term 4 Ends/Collaboration Day #16
June 18-24	In-School/Provincial Exams
June 27	Report Cards Issued
	Year-End Closing (non-instructional)





### Parent/Teacher Conference Day coming up on Thurs Nov. 28.

Following our report card distribution we will be having a full day of parent/teacher interviews. Different this year as the entire day from 9:15 to 2:30 and again 6:30 to 8 pm will be set aside for teachers to meet with you as parents. Teachers will be in their classrooms for the day, 9:15 to 2:30, available for parent conferences. Please e-mail your teachers for an appointment. The evening will follow past practice of meeting in the gym for brief 5 min. sessions with teachers from 6:30 to 8:00 pm. No appointment is necessary for this time. Punjabi Language support will be available.

#### ATSS ਲਈ ਮਾਪਿਆਂ ਦੀ ਜ਼ਰੂਰਤ ਹੈ

ਸਾਡੇ ਸਕੂਲ ਵਿੱਚ ਮਾਪਿਆਂ ਦੀ ਬਹੁਤ ਜ਼ਰੂਰਤ ਹੈ। ਮਾਪੇ ਹੋਣ ਦੇ ਨਾਤੇ ਸਾਨੂੰ ਤੰਦਰੁਸਤ ਅਤੇ ਅਗਾਂਹ ਵਧੂ ਸਕੂਲ ਦੀ ਲੋੜ ਹੈ।

ਮਾਪੇ ਹੋਣ ਦੇ ਨਾਤੇ ਅਸੀਂ ਆਪਣੇ ਆਪ ਹੀ Pac (Parents Advisory committee) ਦਾ ਹਿੱਸਾ ਹਾਂ। ਕ੍ਰਿਪਾ ਕਰਕੇ ਕਿਸੇ ਇੱਕ ਥਾਂ ਲਈ ਸੇਵਾਵਾਂ ਲਈ ਸ਼ਾਮਲ ਹੋਵੋ।

ਮਾਪੇ ਕਿਸ ਤਰ੍ਹਾਂ ATSS ਵਿੱਚ ਮਦਦ ਕਰ ਸਕਦੇ ਹਨ :

ਇਹ ਯਕੀਨੀ ਬਣਾਓ ਕਿ ਸਕੂਲ ਵਿੱਚ ਤੁਹਾਡਾ Phone number ਅਤੇ email ਸਹੀ ਹੈ ਤਾਂ ਕਿ ਤੁਹਾਨੂੰ Pac ਦੀ email list ਅਤੇ ਸਕੂਲ ਦਾ News letter ਮਿਲ ਸਕੇ ਅਤੇ ਤੁਸੀਂ Pac ਵਾਸਤੇ Lori Toews ਨਾਲ ਸੰਪਰਕ ਕਰੋ ਉਸ ਦਾ email ਪਤਾ ਹੈ toews.team@gmail.com

ਸਕੂਲ ਦੀ website ਦਾ ਪਤਾ [www.atss.ca](http://www.atss.ca) "contact us" tab ਦਬਾਓ ਜਾਂ ਸਕੂਲ ਵਿੱਚ ਫੁਨ ਕਰੋ।

ਨਵੇਂ ਪ੍ਰਵਾਰਾਂ ਵਾਸਤੇ [www.atss.ca](http://www.atss.ca) ਉਪਰ ਬਹੁਤ ਸਾਰੀ ਜਾਣਕਾਰੀ ਹੈ।

ਸਕੂਲ ਵੱਲੋਂ ਮਹੀਨੇ ਵਿੱਚ 2 ਵਾਰ Newsletter ਘਰ ਆਉਂਦਾ ਹੈ ਉਸ ਨੂੰ ਜ਼ਰੂਰ ਪੜ੍ਹੋ।

ਜੇ ਤੁਸੀਂ ਕਦੇ ਅਧਿਆਪਕਾਂ ਵਾਸਤੇ "ਖਾਣਾ" ਜਾਂ Treat ਦੇਣ ਦੀ ਦਿਲਚਸਪੀ ਰਖਦੇ ਹੋ ਤਾਂ ਸੰਪਰਕ ਕਰੋ ਤਾਂ ਈਮੇਲ ਕਰੋ toews.team@gmail.com

ਧੈਕ ਮੀਟਿੰਗ ਤੇ ਆਉ ਅਤੇ ਦੋਸਤਾਂ ਨੂੰ ਵੀ ਲੈ ਕੇ ਆਉ।

ਅਗਲੀ ਮੀਟਿੰਗ ਅਕਤੂਬਰ 22, 2013 ਨੂੰ ਜ਼ਰੂਰ ਪਹੁੰਚੋ ਜਿਥੇ ਤੁਹਾਡੀ ਬਹੁਤ ਜ਼ਰੂਰਤ ਹੈ।

ਸਾਨੂੰ ਹੇਠ ਲਿਖੇ ਖੇਤਰਾਂ ਵਿੱਚ ਵਲੰਟੀਅਰਾਂ ਦੀ ਲੋੜ ਹੈ:

- \* Chaperone dances
- \* Organize a fundraiser
- \* Attend sporting events
- \* ਹਫਤੇ ਵਿੱਚ ਸਕੂਲ ਵਿੱਚ ਇੱਕ ਵਾਰ ਜ਼ਰੂਰ ਆਉ
- \* ਟੀਚਰ ਨਾਈਟ, ਸਕੂਲ ਮੀਟਿੰਗ ਅਤੇ ਧੈਕ ਮੀਟਿੰਗ ਵਿੱਚ ਜ਼ਰੂਰ ਹਾਜਰ ਹੋਵੋ

ਧੰਨਵਾਦ





## ATSS NEEDS PARENT INVOLVEMENT!

Our school very much needs increased parent support and help. As parents, we need you to have a healthy, positive school. As a parent, you are automatically part of the PAC (Parent Advisory Committee). Please consider at least ONE way you can be involved.

Helpful ways to be involved at ATSS, as parents:

- **Make sure the office and the PAC has your email and correct phone number for messages.** (To get on PAC email list, email Lori Toews: [toews.team@gmail.com](mailto:toews.team@gmail.com); to get on school email list, visit school website ([www.atss.ca](http://www.atss.ca)) and enter email under the "Contact Us" tab, or call the school).
- Become familiar with the new, improved school website: [www.atss.ca](http://www.atss.ca). Lots of good information!
- Read school newsletters – they come out twice a month – either by email, website or printed.
- Provide baking and "treats" for our staff (If interested, email: [toews.team@gmail.com](mailto:toews.team@gmail.com))
- Come to PAC meetings, and bring a friend. Next one: October 22, 2013. We need you! (In current need of Vice-Chair, Secretary, and parent reps for TAC, DPAC, SPC, General Members).
- Volunteer to chaperone dances.
- Volunteer to organize a fundraiser
- Attend sporting events
- Come into the school once a week and talk to at least one other person (student or staff!).
- Talk to another parent and make sure they are reading newsletters, website and getting involved.
- Come to Meet the Teacher Nights, school meetings, concerts and Parent/Teacher Interviews
- Be you! We need you and any input you have.





It's easy. . .

- ask your friends, family and neighbors
- purchase for yourself or as a gift
- stock up for christmas!!!
- ask companies to order as staff christmas gifts

25% profit on orders go directly to raise money for the band trip to Whistler.

#### Easy Online Ordering

\* Online ordering with **Visa or Master Card.**

\* All orders are confidential and Purdy's website is secure.

\* The website also offers a link so YOU can easily email all your contacts.  
(See Page 2 for details)

It is up to **YOU and your parents** to decide, if you want to accept CASH payments for your orders.\*\* If so, YOU will need to process your customer orders online with your credit card, under your name. All cash orders can easily be processed by YOU online, directly to Purdy's Fundraising Program. (Please note the school will not be collecting cash or cheques. YOUR CASH ORDERS will be processed online directly by YOU.)

**Deadline:** ALL orders must be in to Purdy's website by, **Fri., Nov. 22nd**

**Pick up:** **Thurs., Dec. 5th**, in the Band Room



If you have any questions please contact the fundraising coordinator,  
Mrs. Lynn Paolucci at 778-241-4926.

THANK YOU FOR SUPPORTING YOUR SCHOOL AND MUSIC PROGRAM!!

**\*All orders are to be placed through a Band Student. Thank you.**







## HOW TO BEGIN

First, you will need to **Sign up as Member** to join Our Group  
ABBOTSFORD TRADITIONAL SCHOOL BAND 2013

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"We need your  
families support to  
raise funds for this  
years  
Music Program!"  
-----

1. Go to <http://www.purdysgpp.com>
2. Go to the: **Click Here to get Started**. Register as a Member.
3. Enter our Group Customer #: 23125
4. Select our Group: **ABBOTSFORD TRADITIONAL SCHOOL BAND 2013**

You have now set up a Group so others can order under your name.  
YOU are now set up to place YOUR order!

## INVITING OTHERS (from the site)

In your invitation you will need to give your customers the following information:  
**your email address** to connect to your account once they Sign in as a Member, so  
YOU get credit for their orders, **our Group Name** and don't forget to **change the  
current message**. Once you've added your information to the message, you can add  
your customer email address' and hit send. Customers will then be able to come back  
to the site and use your info to order, after they have signed up as a Member.

## CUSTOMERS ORDERING (without an invite )

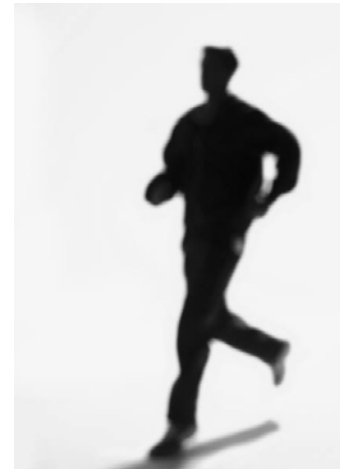
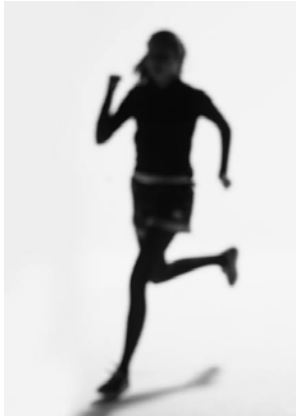
1. Go to <http://www.purdysgpp.com>
2. Click: **Register**. Enter your information to **Sign up as a Member**.
3. Search for your Group by entering: **student email address** (student needs to give  
their email address to their customer to join his/her group) and our **Group Name**.

## Purdy's Brochure

It is up to YOU if you decide to use the Purdy's Brochure and collect CASH  
payments for your orders. Make sure you put **Your Name and Classroom info on  
each form**. YOU will need to process the customers order online with YOUR credit  
card, under your name. Every cash order needs to be processed by YOU, online,  
directly to Purdy's Fundraising Program. (Please note the school will not be  
collecting cash or cheques. All orders will be processed by the fundraiser online.)

**THANK YOU FOR SUPPORTING YOUR SCHOOL AND MUSIC PROGRAM!!**





Cross Country coach Mrs. Kim Hunt would like to congratulate the following cross country runners for their success the Fraser Valley Cross Country Competition.

Parmvir Waring Jr. Boys 4.3km, 119th out of 247 runners, time of 17:53


Delaney Chapman Sr. Girls 4.3km, 99th out of 232 runners, time of 19:18

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### **Community Events and Information**

For further information please visit the following websites:

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my Health  
my Community

.....

Your voice for a healthier community




Take the survey and enter to  
**WIN prizes, like an iPad!**



[www.myhealthmycommunity.org](http://www.myhealthmycommunity.org)



## The RED Zone! *Effectively Understanding Anger*




Location: YRC basement-Abbotsford Community Services

Oct 22nd –Nov 26th  
Tuesdays 3:00 pm-4:30 pm


*This Workshop will meet every Tuesday for 6 weeks to develop an understanding of Emotions, Communication Styles and Coping skills when you are in the RED Zone!*

to register for this Fun workshop:  
Email: [infoyrc@abbotsfordcommunityservices.com](mailto:infoyrc@abbotsfordcommunityservices.com) OR call 604-870-4972



# Get your calories from healthy foods and your liquids from water.

Caffeine, energy and sports drinks are not recommended for children.



[www.healthyabbotsford.ca](http://www.healthyabbotsford.ca)





**THINK THAT SOMEONE SHOULD DO SOMETHING ABOUT BULLYING?**

**THAT SOMEONE IS YOU!**



**GOT AN IDEA?**

How would you prevent bullying? Would you write a song? Make a video? Get creative with your own unique idea?

**TELL US ABOUT IT!**

If you're 18 or under, we want to hear from you! Send us your idea on Facebook at [facebook.com/witsprograms](https://facebook.com/witsprograms) or on our website [witsprogram.ca](http://witsprogram.ca)



**NEED FUNDING?**

WITS offers funding of **\$500** for youth to develop projects that aim to prevent bullying.


**FIND OUT MORE!**

Visit [witsprogram.ca](http://witsprogram.ca) to see how others are working to prevent bullying. Questions? Contact [wits@rocksolid.bc.ca](mailto:wits@rocksolid.bc.ca)



# Abby Junior Chess Club

No Cost!! No Registration!!  
Drop in!!



**For Children 5-17 years old!!**  
**Venue:** Abbotsford Community Library  
33355 Bevan Ave, Abbotsford  
**Time:** Sundays: 2:30–4:30 PM

**Misc:** Instruction and teaching provided. Friendly games, Tournaments and Free parking. Children under the age of 7 must have adult supervision.

**Note:** You are welcome to donate to the Abby Junior Chess Club towards purchasing tournament size Chess Mats and clocks.

**For more Information:**  
**Contact:** Jane@ 604-724-7800 or Monica@ 604-857-3724  
**Follow:** Abby Junior Chess Club on  for weekly updates.



Abbotsford Olympians Swim Club are currently offering a FREE MONTH of swimming to new members (just pay \$36 Swim BC insurance fee), limitations apply. As long as you can swim 25 metres (1 length of the pool) and are comfortable in deep water, you are welcome to come along. Programs offered at Matsqui Rec Centre to children aged 5-17 years. Please call 604-825-1856 or visit the website [www.abbotsfordolympians.com](http://www.abbotsfordolympians.com).





**Matsqui Blades:** Matsqui Blades is a Short-Track Speed Skating Club based at the Abbotsford Recreation Centre (ARC). The Club caters for athletes from ages 8 to 18, with ability levels ranging from novices through to those competing at a Provincial and National Level.

**Short Track Speed Skating:** Short Track Speed Skating is carried out on either a 100m or 110m oval set out on a standard NHL or Olympic sized arena. Events include 200m Pursuit, 400m, 500m, 1000m, 1500m and 3000m Points Race. Inter-Club events are held throughout the season in Vancouver and throughout the Lower Mainland.



**Club Practice:** Club Practice is held at ARC and is divided into 3 groups; Beginner, Intermediate and

Senior with the following practice times;

- Beginner Group; Monday & Friday 4:30PM to 5:30PM
- Intermediate Group; Monday & Friday 4:30PM to 5:30PM Wednesday 5:45PM to 7:00PM
- Senior Group; Monday & Friday 4:30PM to 5:30PM Wednesday 5:45PM to 7:00PM

New Skaters are normally invited to join the Beginner Group and will then be assessed by the Chief Coach before being allocated to the Intermediate or Senior Group if appropriate. Skates and Boots are provided by the Club, but Skaters are responsible for providing mandatory safety equipment and for skate sharpening.

**Contact:** Matsqui Blades is currently welcoming new skaters for the 2013/2014 Skating Season. For further information please contact Jamie Johnson by email at [sumerling@hotmail.com](mailto:sumerling@hotmail.com) or meet us at the ARC Arena during practice sessions.



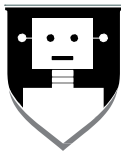
## Abbotsford Female Hockey Association



Where all girls have fun  
and are part of the team

Contact AFHA Registrar  
Sarah 604-859-8907

[abbotsfordfemalehockey.com](http://abbotsfordfemalehockey.com)



## GearBots Engineering Program

In the iLab at (A104) Abbotsford Senior Secondary School, 33355 Bevan Ave, Abbotsford, BC V2S 0E7 (t) 604.308.2241 (e) [info@gearbots.org](mailto:info@gearbots.org) (w) [gearbots.org](http://gearbots.org)

### Course Offerings for the 2013/14 School

**Year:** (non-credit) GearBots provides a number of opportunities that promotes STEAM education (science, technology, engineering and math) for students ages 9-14+. Visit [www.gearbots.org](http://www.gearbots.org) or check out the latest Abbotsford Recreation Guide to see when the courses are offered.





30 years. One million volunteers. Experience it!

OPERATION  
**RED  
NOSE**  
COM



## Be a deer. Volunteer!

**DON'T DELAY, APPLY TODAY.**

Drivers, navigators, phone operators  
& dispatchers needed.

**604-746-0601**

or email:

[abbotsford-mission@operationrednose.com](mailto:abbotsford-mission@operationrednose.com)

Pacific  
SPORT



96.9

NewsHUB

sonic

THE  
NEWS  
ABBOTSFORD

MISSION RECORD



COUNTRY 102.1

star

Nov. 29, 30, Dec. 6, 7, 13, 14, 20, 21 & 31

**PROTECT** your community.

We're in it **TOGETHER.**





# teentransition PLANNING



[www.TeenTransitionPlanning.ca](http://www.TeenTransitionPlanning.ca)

**TRANSITION PLANNING:  
PARENT ORIENTATION BOOT CAMP**  
November 27, 2013 from 6 - 9 pm

Pivot Point office- #153- 34334 Forrest Terrace, Abbotsford

**Vision of Teen Transition Planning**

The vision of Teen Transition Planning is to provide a positive, safe, welcoming, and practical transition experience for youth and their families as they transition into adulthood. Transition planning involves finding shared and unique goals for the future of your teen and special needs. While your teen is still in school, you can help them prepare for the opportunities and experiences of living as an adult.

Transition planning involves the entire family, professional and community support, youth involvement in adulthood. In order to best prepare a teen, family and community support, it is essential that transition planning begin as early as possible. The program provides youth and their support networks in a coordinated, practical and comprehensive planning beginning at age 16 and continuing into young adulthood.

**Facing the Future... with courage!**

Teen Transition Planning, as well as the **Teen Transition Planning** website, is a program of Pivot Point Family Growth Centre Inc. The team is sponsored by Pivot Point and trained through collaboration with the Transition Planning Committee of your local community. Through these partnerships, the committee hopes to increase community capacity to support successful adult transitions for all youth.



### About Parent Boot Camp:

We playfully call this training a "Boot Camp" because we want to acknowledge that for some parents, facing the task of planning for their child's future can be overwhelming. Many parents have no clear where to begin, some have been avoiding it for years, and most have inaccurate ideas about what's involved. All are scared. Some parents say they wish they had a leader or guide, or a "road map" to help them begin their journey.

The Parent Orientation Boot Camp provides essential "boot training" to all parents who need to know how to begin and what their journey will look like. It will encourage some parents to share their struggles with other parents, helping to create all participants in our common experience. It will help you parents find courage and focus. Lastly, it will help all parents to learn how to take charge of their family's future!

*The goals of boot camp are to:*

- ✓ Introduce philosophy of Person-Centered Planning and the NCTJ planning tool.
- ✓ Identify the steps in Transition Planning.
- ✓ Identify the roles and responsibilities of team members.
- ✓ Learn about how to use the Teen Transition Planning Guide.
- ✓ Acknowledge some of the emotional barriers and struggles parents face, and
- ✓ Provide parents with an opportunity to link up with other parents who are beginning the journey.

### About the event:

The boot camp is for all adult parents. Their learning, their discovery, and their sharing. An event, not a "class" or "workshop"...

- ✓ A held in a safe and comfortable location where discussion will not be disrupted.
- ✓ A facilitated by an expert in Transition Planning who is also a PARENT.
- ✓ Involves questions, discussion, and sharing.
- ✓ A "Parents Only" group that is NOT designed for "professionals".



### About the goods:

- Each family will receive:
- ✓ Teen Transition Planning Overview Guide

### Registration:

Cost - \$90.00 per person, or \$75 per family couple (one ticket is provided)  
 Location - Pivot Point office #153- 34334 Forrest Terrace, Abbotsford  
 To register - Register online at [www.teentransitionplanning.ca](http://www.teentransitionplanning.ca) or call 1.888.521.4544 (Toll Free)  
 Registration deadline - Friday November 15th at 5:00pm



### Autism Funding:

Parents who receive Autism Funding may use 50% of the total fee for supplies, training, and travel costs. The TTP Parent Orientation Boot Camp is considered an eligible expense by the Autism Funding Unit.

### Cancellations:

Requests for registration, fees, or cancellation charges, are available. Please that is informed in writing (you must follow the website date).

[www.teentransitionplanning.ca](http://www.teentransitionplanning.ca)





## Strengthening Families Together

is a **free** 10-week course for family members  
who have a loved one living with a mental illness.

The course provides participants with the information,  
tools and support to help them cope with the challenges they  
face.

Strengthening Families Together will be offered on **Thursdays**  
in Abbotsford

Beginning **October 10<sup>th</sup>** to **December 12<sup>th</sup> 2013** from 6:30-8:30  
pm.

It is open to residents of:

Mission, Abbotsford, Chilliwack, Agassiz/Harrison and Hope.

Class size is limited and **registration** is required.

Contact Francesca at 1 877 717 5518 xtn 1 or [francesca@bcss.org](mailto:francesca@bcss.org)