



November 19th, 2019

2272 Windsor Street, Abbotsford BC V2T 6M1 Tel 604.850.7029 Fax 604.850.7028

PRINCIPAL'S MESSAGE Nov 18th, 2019



Principal:
Mr. Glen Hildebrand

Vice-Principal:
Mrs. Jaimie Webster

[Online Progress
checkmyprogress.ca](https://checkmyprogress.ca)

To access up to date information on your child's progress online, please visit <https://checkmyprogress.ca> (formerly checkmymark.com). To access information on their learning, you will need to log in with the following information:

USER TYPE:

Select "Student/Parent"

SCHOOL:

"Abbotsford Traditional Secondary"

LAST NAME:

Student's Last Name

PASSWORD:

The Password is randomly generated and teachers will provide each student with their unique password. For Login help or password resets, please contact Mr. Macphail Andrew.macphail@abbyschools.ca or the classroom teacher.

Office Staff:

Mrs. Chrissy LaJoie local: 1002
Ms. Heather Mielke local: 1001
Mrs. Dil Deol local: 1000

Counselor:

Mr. Colin Abernethy local: 1107

One-to-One program:

Andrew Macphail local: 1120

All teacher e-mail addresses can be found on our website www.atss.ca



Follow us on

@<https://twitter.com/abbytitans>

Check out our website: <http://www.atss.ca>

Hello parents and guardians. Well, we are half way through our first semester. It's amazing how fast the time goes. We are moving into the second half of our semester and with Christmas coming, the semester end will soon be upon us. We finally have our latest teacher addition with Mrs. Lagrotta joining us for the Theater, Art and Math position and Mrs. Maan will be joining us as our part time Cafeteria Ass't. Welcome to both Mrs. Lagrotta and Mrs. Maan.

We are looking forward to our Parent/Teacher conferences coming up this week on Thurs. Nov. 21. You should by now have the report progress e-mailed to you from "checkmyprogress". If you haven't received it yet, please contact the office at 604-850-7029. Also in this newsletter you will find direction for making an appointment with your son or daughter's teacher. The teachers will be available for the balance of the day. Please be advised that the interviews should be kept to a length of 10 min. so as to provide the opportunity for others to connect with the teacher and that there will be no evening interviews scheduled. If you are unable to make the Thurs. schedule, you can contact your teacher, probably best by e-mail, to schedule a meeting at any time you feel you need to.

We had a group of Japanese students who visited us for a day last week and were paired up with our students for a day experience in the life of a Canadian High School. It was a fun connection for our students and for them. We had a characteristically respectful Remembrance Day ceremony combining both schools. Thank-you Mr. Lane for organizing, Mrs. Webster and our supporting students, Mishelle Malik and Harkirat Aujla who emceed, and Thejas Kathiresan who bravely played the trumpet for "The Last Post and Reveille". It was well done.

Grad parents, (including both Gr. 11 and 12 parents), don't forget our Grad Parent meeting this evening, Mon. at 7 pm. See the following for more information for that. As well we have an ATSS band concert Tues evening, Nov. 19, 7 pm at the Abby Arts Center next to Abbotsford Senior Secondary. All are welcome to come out and see our Concert Band in action.

Our volleyball season is coming to a close and congratulations to our Sr. girls volleyball team for making the district playoffs. Well done girls and all the best as they play this week. A big thank you to our volleyball coaches, Mr. Donke, Mr. Wellington, Mr. Muermann, Eric Quach, (former student) and Ms. Hildebrand and Cross Country coach, Ms. Hunt for their time and commitment to our students in providing for athletic opportunities. Basketball is starting up with our Sr. boys having an exhibition games against Rick Hansen for our pep rally this past Fri. The pep rally was well done and supported thank-you to our teacher sponsors Mr. Currie and his Leadership team and Mr. Jansen our inspirational emcee. Congrats to our Sr. boys for defeating the Hansen Hurricanes in a very closely contested exhibition game. This is an exciting indication of the year to come.

I want to give my thanks and appreciation to our fans for this pep rally exhibition game. With the intense rivalry between us and Rick Hansen, it was great to see and hear our fans enthusiastically support both teams. Our fan's conduct was great and something to be proud of. Well done Titans. It did help that we won.

We have still heard nothing yet from the Ministry of Education about the start plans of our seismic upgrading. We'll pass on information as soon as we hear. Other than that the year seems to be off to a great start with a strong positive student atmosphere.

Sincerely,

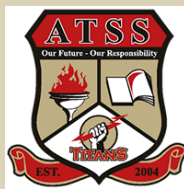
Glen Hildebrand, Principal, ATSS
Glen.hildebrand@abbyschools.ca



Don't Forget!

If you know your child is away from school with your permission, please ensure that you contact the school office to inform us. To excuse for a late, we must hear from a parent by 10:30am.

You can do so by phoning the office at 604-850-7029



ATSS Calendar

Parent/Teacher Interviews	Thurs, Nov 21 st
Non Instructional Day	Thurs, Nov 21 st
Pro D Day	Fri, Nov 22 nd
Christmas Music Concert	Wed, Dec 11 th
Last Day Before Winter Break	Fri, Dec 20 th
Christmas Holidays	Dec 23 rd – Jan 3 rd
Christmas Day	Wed, Dec 25 th
Boxing Day	Thurs, Dec 26 th
New Year's Day	Wed, Jan 1 st
Pro D Day	Fri, Jan 31 st
Pro D Day	Fri, Feb 14 th
Family Day	Mon, Feb 17 th
Spring Break	March 16 th – March 27 th
Good Friday	Fri, April 10 th
Easter Monday	Mon, April 13 th
Early Dismissal	April 15 th – 16 th

Faculty:	
Dept. Heads:	Local
Colin Abernethy	1107
Brock Currie	3252
Grant Gasser	1114/1116
Kim Hunt	5107
Andrew Macphail	3151/3256
Rebecca Toews	3134
Teaching Staff	
Elizabeth Cousar	3141
Erin Crawford	3250
Jim Domke	1122/3240
Ashley Dueckman	3136
Shawn Fedyna	3251
Joel Janzen	3238
Sandy Lane	3248
Gord Macleod	1121/3138
Frank Muermann	3137
Daniel Muller	3237
Brad Purves	1103/3234
Olga Ulyasheva	3235
Tracy Wedel	3140
Tanner Wellington	5107/3240
Learning Assistance	
Phyllis Collins	3135
Kiran Dhaliwal	3135
Karen Hiebert	3135
Denise Silzer	3135
Library	
Brenda Mallory	3152
Parminder Randhawa	3152
Cafeteria	
Bonnie Hughes	5169
Community Support	
Jeven Randhawa	1110

Emails can be sent to all staff under:
first.last@abbyschools.ca
(Simply use that teacher's name)
Remember: We are on the web!



Parent/Teacher Interviews

Booking Appointments with Teachers

Thursday Nov 21 is a day for parents and students to meet with teachers to discuss progress in their classes. ATSS uses an online booking system atss.schoolappointments.com

Please signup for an account and book appointments (instructions below) or call the office at 604-850-7029 for assistance.

School Appointments - Parent Instructions

1. Go to atss.schoolappointments.com
2. Select the preferred language in the upper right corner of the screen (English is the default)
3. Register for an account by clicking the "REGISTER" menu tab and filling in the on-line form. Choose a user id and password for yourself and then click the "Register Now" button.
4. Add your children into the system by clicking the "Add a Student" button. Click "Insert New" button to add more children.
5. Click the "date" icon beside each child's name to schedule appointments. Select the staff you wish to book appointments with and the "View Calendars" button. Use the "Ctrl" or "Command" key to select multiple staff to view at the same time.
6. Click on available time slots to book your appointments to make your bookings.

PAC Meeting Wednesday, Nov 27th
12:45pm at ATSS Library





Very
Excited!

Musical Theatre Presents:

Disney's hit movie comes to life: *High School Musical*

Staged and Performed by the Students of

ABBOTSFORD TRADITIONAL SECONDARY SCHOOL

The wildly popular Disney movie makes for an amazing musical theatre production. You will be enthralled!

Matinee Performances (for schools only)

January 14th, 15th, and 16th, 2020

12:00pm - \$5.00/ticket

Evening performances

January 17th and 18th, 2020

7:30pm - \$10.00/ticket

Troy and Gabriella meet unexpectedly during their winter vacation without knowing that Gabriella is transferring to East High -- Troy's school. The couple cause an upheaval when they decide to audition for the high school musical. Although many students resent the threat posed to the "status quo," Troy and Gabriella's alliance might just open the door for others to shine as well.

The musical is 75 minutes long and features well known songs from the original movie. This musical will be a crowd pleaser for all ages.



For information on purchasing tickets please call:

Abbotsford Traditional Secondary School

(604) 850-7029

TALKING WITH TEENS ABOUT VAPING

TIP SHEET



Get More Information: Canada.ca/vaping-info

BEFORE THE TALK: GET THE FACTS

Vaping is not harmless

- › Vaping can increase your exposure to harmful chemicals.
- › Vaping can lead to nicotine addiction.
- › The long-term consequences of vaping are unknown.
- › It's rare, but defective batteries in vaping products have caused fires and explosions.

Risk of nicotine

Nicotine is a highly addictive chemical. Youth are especially susceptible to its negative effects, as it is known to alter their brain development and can affect memory and concentration. It can also lead to addiction and physical dependence. Not all vaping products contain nicotine, but for those that do, the level of nicotine can vary widely. Some mixtures have very low levels, while others can contain more nicotine than in a typical cigarette. Even if a vaping product does not contain nicotine, there is still a risk of being exposed to other harmful chemicals.

Vaping nicotine can alter teen brain development.

Vaping versus smoking

For smokers, vaping is less harmful than smoking. However, it is not safe for youth to use any nicotine products, including cigarettes and vaping products.

Vaping liquids

The ingredients typically found in vaping liquids include glycerol, flavours, propylene glycol and varying levels of nicotine. The long-term safety of inhaling these substances in vaping products is unknown and continues to be assessed. There is no burning during vaping, instead, the liquid is heated. This process can cause reactions and create new chemicals, such as formaldehyde. Some contaminants, such as metals, might also get into the vaping products and then into the vapour.

Quick facts

- › Vaping is intended to help smokers quit tobacco. Vaping is not for youth and non-smokers.
- › Vaping is not harmless, yet Canadian teens are trying vaping products. Data from a recent Health Canada survey showed that 23% of students in grades 7–12 have tried an electronic cigarette.
- › In a 2018 study of vaping products prices analysis found that the majority of vaping liquid available in Canada contained nicotine.
- › There are characteristics that can make vaping products more difficult for you to recognize or detect: devices come in a variety of shapes and sizes, some resembling a USB flash drive; liquids can have high levels of nicotine and come in a variety of flavours; and vaping may not leave a lingering identifiable smell.
- › Vaping products have many names, such as: e-cigarettes, vape pens, vapes, mods, tanks, and e-hookahs. They may also be known by various brand names.

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Health Canada
Santé Canada

Canada

TITAN'S SPORTS



The girls have qualified for the zone finals playoffs for the first time in the last 4 years. Coaches Mr. Wellington, Mr. Muermann and volunteer assistant coach Eric Quach former ATSS player are proud of the successes of this years girls.

ATSS Senior Girls Tier 2 Volleyball 2019 – 2020

Yenah Byun, Kaitlyn Lin, Taylor Evans, Kianna McKellan, Nancy Brar
Mira Dhand, Inderveer Kelay, Esha Narang, Avneet Dhillon, Jennifer Nguyen
Avneet Gujar, Jasmine Chohan

Coach: Frank Muermann Assistant Coaches: T. Wellington, J. Janzen



Go Titans! Thanks to parents, PAC, staff and admin for supporting the teams!!

