



# TITAN TIMES

Christmas Cookies are available to order from the PAC!

Go to your SchoolCashOnline account to place an order for Snowman, Christmas Sweater, Santa, Christmas Tree, Snowflake, or Gingerbread Man cookies by **November 25**.

## Restorative Action!

**Did you know? Prevention is key! Restorative Action Circles** engages youth in discussion about the following topics: understanding our values and how they impact our decisions and behaviour; recognizing emotions in ourselves and others and how they impact behaviour and responses; effective communications; conflict resolution; bullying prevention and skill development to effectively respond to situations of bullying and other mean behaviour. Development of these essential skills has ripple effects beyond the classroom as students take these abilities into their other circles of belonging, helping them to enjoy healthier relationships throughout their lives!

Other themes of preventative circles include: safe use of social media, diversity and inclusion, and safety in dating and non-dating relationships.

**Weekly Tip #2 - "Seek first to understand then to be understood."** As parents we often seek first to be understood by our children. Everyone, young or old, appreciates the feeling of being heard. The positive effects of feeling heard and understood can open up a child's ability to then really hear and learn from a parent. This one tip can positively impact communication between parents or caregivers and youth and helps to de-escalate situations of conflict.

## This week in Secondary:

Annual Abbotsford Education & Career Fair

On December 1, 2022, grade 11 students in SD34 will be travelling by school bus (no cost to student) to Tradex for the annual Career Fair.

Buses depart ATS at 12:30 and depart Tradex to return at 1:40. Parent permission forms are on School Cash Online and must be completed no later than Thursday November 24. Students who do not have a signed permission form will unfortunately not be able to attend this event.

Are you are in grades 10-12 and are considering applying to UBC Medical school one day?

On Tuesday, November 22 from 11:35-12:20 UBC will be visiting us virtually (Zoom). They will be able to answer any of your questions you may have about the admissions process.

The workshop will be in the classroom just down from the main office and admin offices.

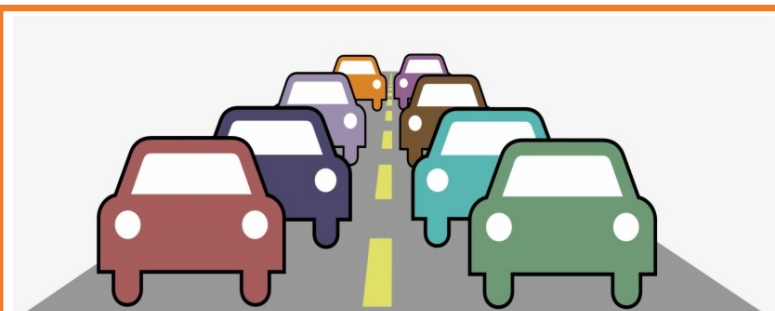
Please email Mr. Abernethy by Thursday to let him know you will attend.

## This week in Middle:

Some Grade 7 students participated in a cave art painting session as a part of their Early Human learning in Social Studies!

## PAC Corner

If you have any bottles that you would like to donate to the PAC to help them fund events and activities for our students, please call 604-850-2222



## Reminder to Parents

Traffic jams and parking can be tricky at drop off and pick up times. Please remember the following:

- Do not park in the parking lots of local businesses around the school, that is private property intended for the operation of the businesses
- Do not block exit or entry driveways of businesses, homes, or the school
- Students should stick to the sidewalks, not cut across business properties to get home or to your car

## On the Horizon

November 21	Jersey Day
November 22	Lil Miss/Mr Day
November 23	Twin Day
November 24	Celebrity Day
November 25	Grade Colour Day
December 1	Grade 11 Career Fair at Tradex
December 2	Middle Reports Cards
December 2	Middle Late Start (9:33am)
December 6	PAC Meeting @ 7pm

