

Restorative Action!

Weekly Tip #4 - Using "I" statements for better communication!

"I feel ______ (sad, angry, disappointed....) because _____, and I need you to For example, "I feel frustrated because you have been speaking disrespectfully to me when I am trying to help you. I need you to speak to me politely if you want me to listen to you." The use of "I" statements are assertive relating to your boundaries and can act to de-escalate conflict and foster better communication overall.

Our Senior Boys, Senior Girls, Junior Boys, Grade 9 Boys, Grade 8 Girls & Grade 8 Boys teams have all been playing in the Abby Police Department basketball tournament this week. The Grade 9 boys also played in a tournament at GW Graham last week and finished third overall! Way to go boys!

Traffic congestion continues to be an issue at pick up and drop off every day. Please review the next two pages of this newsletter for some options for alternate pick up and drop off locations to help reduce congestion and the time it takes to clear the area in front of the school at these high traffic times.

This week in Secondary:

Grads: The SFU Undergraduate Scholars Entrance Scholarship Application Deadline is December 15, 2022. Check the counselling blog for more info.

Grade 10, 11 and 12 students from across Canada are invited to showcase their art and design work in the 2023 Show Off! Art Competition and Exhibition at AUArts. One Grade 12 student will take the grand prize, "Best in Show" — an AUArts scholarship worth \$5,000. Check the counselling blog for more info and the entry link.

This week in Middle:

Some of our students partnered with ICBC Road Safety to keep our roads safer for the upcoming holiday season by decorating bags with messages and art to be distributed to liquor store customers in the coming weeks.

Congratulations to the grade 8 boys basketball team for making the finals in the Abbotsford Police Department tournament. They will play on Saturday at 1:00PM at Columbia Bible College against Abby Middle. Good luck on Saturday! The boys also participated in the Big Ticket tournament at GW Graham last weekend and won three out of three games!

Safe Arrival

The Abbotsford School District utilizes an automated student attendance management system called Safe Arrival, offered through School Messenger®, the company that hosts our parent notification system.

Please report student absences online.

With Safe Arrival, you can report your child's absence in advance using any of these 3 convenient methods:

- 1. SchoolMessenger App - Using your mobile device, download and install the SchoolMessenger app from the Apple App Store or the Google Play Store. The first time you use the app, select Sign Up to create your account. Select Attendance then Report an Absence.
- 2. SafeArrival Website - Using the SafeArrival website, go to: go.schoolmessenger.ca The first time you use the website, select <u>Sign Up</u> to create your account. Select Attendance then Report an Absence. Toll-Free Number - Call 1-844-487-3701 to report an absence using the automated phone system. These options are available 24 hours/day, 7 days a
- 3. week. Future absences can be reported at any time.

ਸੁਰੱਖਿਅਤ ਆਗਮਨ

ਕਿਰਪਾ ਕਰਕੇ ਵਿਦਿਆਰਥੀਆਂ ਦੀ ਗੈਰਹਾਜ਼ਰੀ ਦੀ ਔਨਲਾਈਨ ਰਿਪੋਰਟ ਕਰੋ। ਐਬਟਸਫੋਰਡ ਸਕੂਲ ਡਿਸਟ੍ਰਿਕਟ ਇੱਕ ਸਵੈਚਾਲਤ ਵਿਦਿਆਰਥੀ ਹਾਜ਼ਰੀ ਪ੍ਰਬੰਧਨ ਪ੍ਰਣਾਲੀ ਦੀ ਵਰਤੋਂ ਕਰਦਾ ਹੈ ਜਿਸਨੂੰ SafeArrival ਕਹਿੰਦੇ ਹਨ, SchoolMessenger® ਦੁਆਰਾ ਪੇਸ਼ ਕੀਤੀ ਜਾਂਦੀ ਹੈ, ਉਹ ਕੰਪਨੀ ਜੋ ਸਾਡੇ ਮਾਤਾ-ਪਿਤਾ ਸੁਚਨਾ ਪ੍ਰਣਾਲੀ ਦੀ ਮੇਜ਼ਬਾਨੀ ਕਰਦੀ ਹੈ।

SafeArrival ਦੇ ਨਾਲ, ਤੁਸੀਂ ਇਹਨਾਂ 3 ਸੁਵਿਧਾਜਨਕ ਤਰੀਕਿਆਂ ਵਿੱਚੋਂ ਕਿਸੇ ਦੀ ਵਰਤੋਂ ਕਰਕੇ ਆਪਣੇ ਬੱਚੇ ਦੀ ਗੈਰਹਾਜ਼ਰੀ ਦੀ ਪਹਿਲਾਂ ਹੀ ਰਿਪੋਰਟ ਕਰ ਸਕਦੇ ਹੋ:

- ਸਕੂਲ ਮੈਸੇਂਜਰ ਐਪ ਆਪਣੇ ਮੋਬਾਈਲ ਡਿਵਾਈਸ ਦੀ ਵਰਤੋਂ ਕਰਦੇ ਹੋਏ, Apple ਐਪ 1. ਸਟੋਰ॥ ਜਾਂ॥ Google Play Store ਤੋਂ SchoolMessenger ਐਪ ਨੂੰ ਡਾਉਨਲੋਡ ਅਤੇ ਸਥਾਪਿਤ□ ਕਰੋ । ਪਹਿਲੀ ਵਾਰ ਜਦੋਂ ਤੁਸੀਂ ਐਪ ਦੀ ਵਰਤੋਂ ਕਰਦੇ ਹੋ, ਤਾਂ ਆਪਣਾ ਖਾਤਾ ਬਣਾਉਣ ਲਈ ਸਾਈਨ ਅੱਪ ਚੁਣੋ। ਹਾਜ਼ਰੀ ਚੁਣੋ ਫਿਰ ਗੈਰਹਾਜ਼ਰੀ ਦੀ ਰਿਪੋਰਟ ਕਰੋ।
- 2. ਸੁਰੱਖਿਅਤ ਆਗਮਨ ਦੀ ਵੈੱਬਸਾਈਟ - SafeArrival ਵੈੱਬਸਾਈਟ ਦੀ ਵਰਤੋਂ ਕਰਦੇ ਹੋਏ, ਇਸ 'ਤੇ ਜਾਓ: go.schoolmessenger.ca ਪਹਿਲੀ ਵਾਰ ਜਦੋਂ ਤੁਸੀਂ ਵੈੱਬਸਾਈਟ ਦੀ ਵਰਤੋਂ ਕਰਦੇ ਹੋ, ਆਪਣਾ ਖਾਤਾ ਬਣਾਉਣ ਲਈ ਸਾਈਨ ਅੱਪ ਚੁਣੋ। ਹਾਜ਼ਰੀ ਚੁਣੋ ਫਿਰ ਗੈਰਹਾਜ਼ਰੀ ਦੀ ਰਿਪੋਰਟ ਕਰੋ।
- 3. ਟੋਲ-ਫ੍ਰੀ ਨੰਬਰ - ਸਵੈਚਲਿਤ ਫ਼ੋਨ ਸਿਸਟਮ ਦੀ ਵਰਤੋਂ ਕਰਕੇ ਗੈਰਹਾਜ਼ਰੀ ਦੀ ਰਿਪੋਰਟ ਕਰਨ ਲਈ 1-844-487-3701 'ਤੇ ਕਾਲ ਕਰੋ। ਇਹ ਵਿਕਲਪ 24 ਘੰਟੇ/ਦਿਨ, ਹਫ਼ਤੇ ਦੇ 7 ਦਿਨ ਉਪਲਬਧ ਹਨ। ਭਵਿੱਖ ਵਿੱਚ ਗੈਰਹਾਜ਼ਰੀ ਦੀ ਰਿਪੋਰਟ ਕਿਸੇ ਵੀ ਸਮੇਂ ਕੀਤੀ ਜਾ ਸਕਦੀ ਹੈ।

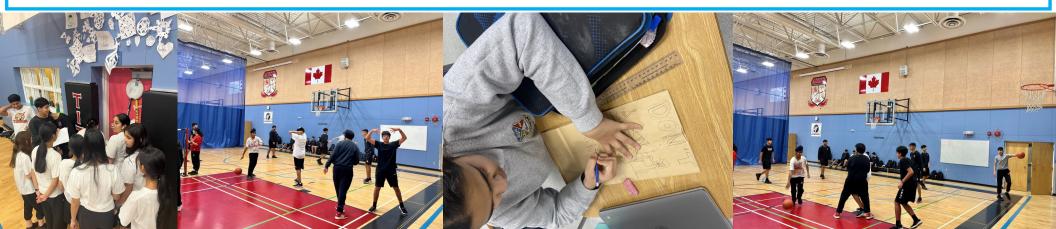
On the Horizon

December 12	Christmas Spirit Week - Winter Wonderland
December 13	Christmas Spirit Week - Ugly Sweater/Christmas Sweater
December 14	Christmas Spirit Week - Winter Accessories
December 15	Christmas Spirit Week- Red/Green/White
December 16	Christmas Spirit Week - Pajamas
December 16	Middle Late Start (9:33 AM)
December 19	First Day of Winter Break

The date to return permission forms to join band has been extended to Monday, December

PAC Corner

If you have any bottles that you would like to donate to the PAC to help them fund events and activities for our students, please call 604-850-2222

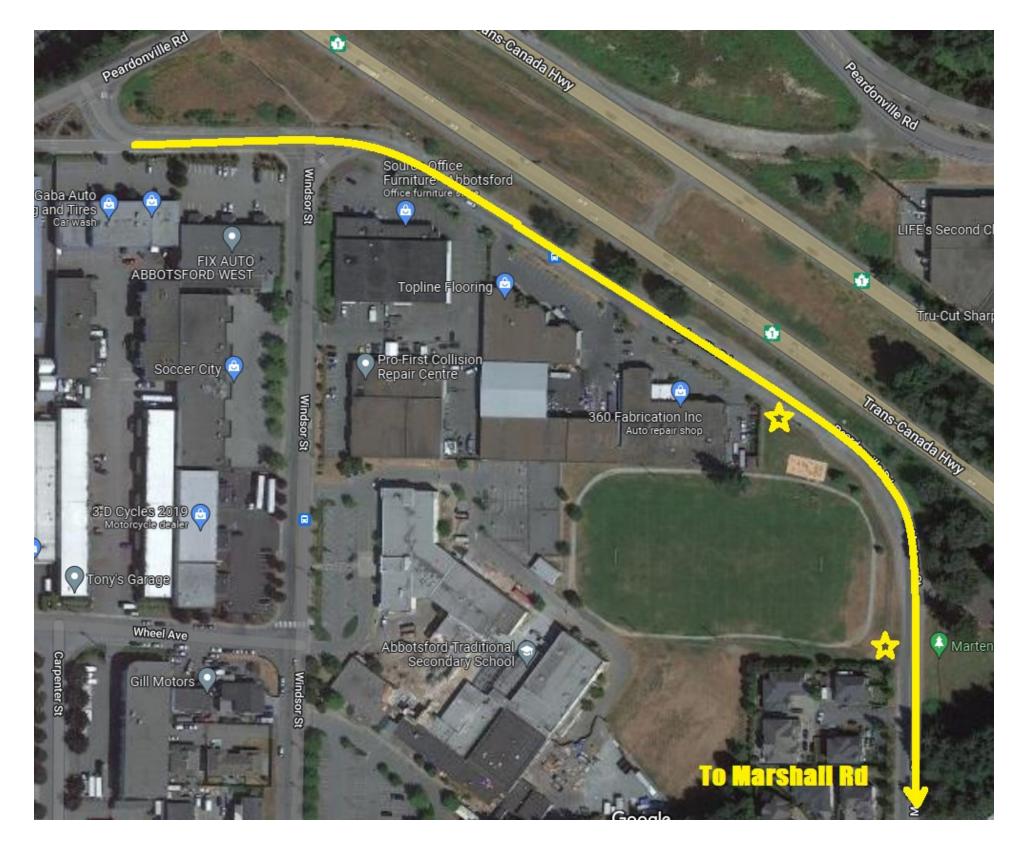


12th.

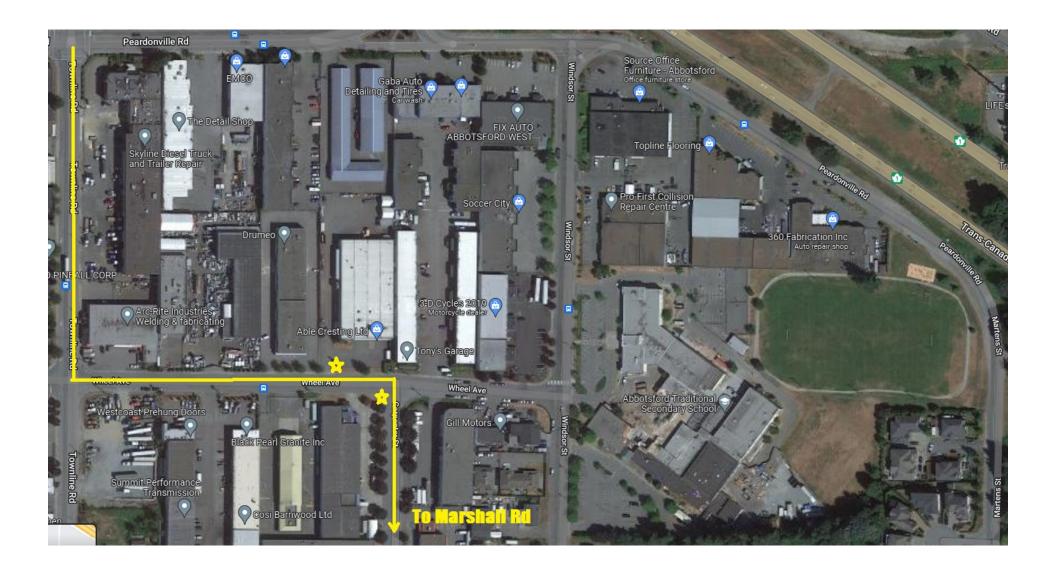
STUDENT DROP OFF OPTIONS

Student drop off and pick up continues to be an issue with regard to the heavy traffic around the front of the school. This congestion blocks local traffic in and out of business and residential driveways, it blocks our busses from getting into the school to pick up students and it causes long waits for parents to get in and out of the area. Please consider using one of the options below as your pick up and drop off method to help reduce this congestion and make drop off and pick up much faster and easier.

Option 1: Drive along Peardonville Road and park on the gravel and drop off/pick up the student at the back of the school field. There are two walking entry points at the ends of the fence as marked below. You can then continue along this road and exit onto Marshall Rd



Option 2: Turn off Peardonville Road onto Townline Road and then onto Wheel Avenue. Drop off your student along Wheel Avenue and they can walk along the sidewalk and then use the crosswalk to get onto school grounds. You can then turn down Carpenter Street to get out onto Marshall Road. If you are coming from the south on Marshall Road, you can instead turn up Carpenter Street, drop off on Wheel Avenue and then turn back down Townline Road to return to Marshall Road.



Option 3: Turn into the school parking lot at the south entrance and continue through the loop, dropping your student off at the entrance. This is not the recommended option as it will be the most congested area and will take the longest to get in and out. Stopping on Windsor Street to wait to get into the parking lot is not recommended as it blocks traffic in and out of the area and into and out of the surrounding business and residential driveways.

